

## REVIEW ARTICLE

## Heterogeneous Stem Cells in Skin Homeostatis and Wound Repair

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### Abstract

**BACKGROUND:** The skin protects mammals from insults, infection and dehydration and enables thermoregulation and sensory perception. Various skin-resident cells carry out these diverse functions. Constant turnover of cells and healing upon injury necessitate multiple reservoirs of stem cells. The skin is a complex organ harboring several distinct populations of stem cells and a rich array of cell types. Advances in genetic and imaging tools have brought new findings about the lineage relationships between skin stem cells and their progeny. Such knowledge may offer novel avenues for therapeutics and regenerative medicine.

**CONTENT:** In the past years, our view of the mechanisms that govern skin homeostasis and regeneration have markedly changed. New populations of stem cells have been identified that behave spatio-temporally differently in healthy tissues and in situations of damage, indicating that a great level of stem cell heterogeneity is present in the skin. There are believed to be distinct populations of stem cells in different locations. The lineages that they feed are normally constrained by signals from their local environment, but they can give rise to all epidermal lineages in response to appropriate stimuli. Given the richness of structures such as blood vessels, subcutaneous fat, innervation and the

accumulation of fibroblasts under the upper parts of the rete ridges (in the case of human skin), it is reasonable to speculate that the microenvironment might be essential for interfollicular epidermal homeostasis. The bloodstream is probably the main source of long-range signals reaching the skin, and cues provided by the vascular niche might be essential for skin homeostasis.

**SUMMARY:** A key function of the interfollicular epidermis is to act as a protective interface between the body and the external environment, and it contains several architectural elements that enable it to fulfill this function. All elements of the epidermis play active roles in regulating skin function, which might not have been anticipated from their role in maintaining skin integrity. Skin cell research benefits from the integration of complementary technologies and disciplines. How skin function is regulated and how it may be possible to intervene to treat a variety of skin conditions, ultimately also impairing the maintenance of self-renewing satellite cells. Therefore, only anti-aging strategies taking both factors, the stem cell niche and the stem cells per se, into consideration may ultimately be successful.

**KEYWORDS:** epidermis, hair follicle, fibroblast, skin stem cells, homeostasis, regeneration

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### Introduction

Skin is frequently referred to as the largest organ in the body. The skin is a multilayered organ that protects the organism

against external aggressions. The outermost layer of the skin is the epidermis, which has a high turnover rate owing to the continuous shedding of the uppermost cornified cells. It is also perhaps the tissue that withstands the highest number of injuries because of this inherent function. As in every tissue

with a high degree of turnover, the role of its resident stem cells is crucial for maintaining the equilibrium between cell loss and cell division (homeostasis), as well as for repairing damaged areas.(1)

Epidermal stem cells ensure that skin homeostasis is maintained. Murine epidermal stem cells are located either at the permanent portion of the hair follicle, termed the bulge, and are exclusively responsible for hair cycling (2-5); or at the junction between the epidermis and the hair follicle (isthmus), and feed into the epidermis and sebaceous glands (6-8). In addition, a continuous proliferation of basal interfollicular epidermal cells ensures daily epidermal maintenance.(9,10) Different resident skin stem cell pools contribute to the maintenance and repair of the various epidermal tissues of the skin, including interfollicular epidermis (IFE), hair follicles, and sebaceous glands.(11)

In the adult skin, IFE and sebaceous glands are subject to constant self-renewal, whereas hair follicles cycle between growth, involution, and resting phases.(12) Under normal conditions, these three skin cell populations are each believed to be maintained by their own discrete stem cells. (13) When tissue homeostasis is disrupted, however, any of the three stem cell populations is capable of producing all three structures.(6,13,14)

Skin injuries are a part of everyday life, and efficient wound repair is vital to restore the protective barrier function of the skin. Defects associated with cutaneous wound repair represent a tremendous burden for patients and health systems. Understanding the basic mechanisms of epithelial repair in human skin after wounding is a necessary first step in the design of therapeutic strategies with the objective of restoring burdening wound-healing defects.(15)

Skin aging involves increased susceptibility to injury and infection, reduced wound healing, loss of dermal elasticity, poor epidermal barrier maintenance, wrinkling, hair loss, and increased cancer risk.(16) Epidermal stem cells are retained throughout life despite significant age-associated changes in dermal thickness, epidermal proliferation, and peripheral immune cell abundance. These findings suggest that local environmental rather than stem-cell-intrinsic factors influence skin aging.(17)

In the past years, our view of the molecular and cellular mechanisms that ensure the self-renewal of the skin has dramatically changed. Several populations of stem cells have been identified that differ in their spatio-temporal contribution to their compartment in steady-state and damaged conditions, suggesting that epidermal stem cell heterogeneity is far greater than previously anticipated. There is also increasing evidence that these different stem

cells require a tightly controlled spatial and temporal communication between other skin residents to carry out their function.(1)

## Skin Cell Biology

Mammalian skin forms the outer covering of the body and consists of two major layers (Figure 1). The upper layer is an epithelium called the epidermis, and the lower layer is a connective tissue called the dermis. The epidermis comprises a multilayered epithelium, IFE, and associated (adnexal) structures, which are hair follicles, sebaceous glands, and sweat glands. Key functions of the epidermis are the formation of a protective interface with the external environment, lubrication of the skin with lipids, and thermoregulation by hairs and sweat. Each function depends on non-dividing, terminally differentiated keratinocytes that die and are shed from the body. These differentiated cells are replenished through a variety of stem cell populations in different epidermal locations.(18) Under steady-state conditions, each stem cell compartment produces a subset of differentiated epidermal cells, but when the cells are transplanted or the skin is damaged or otherwise manipulated experimentally, most stem cells can contribute to the full range of differentiated epidermal lineages.(19)

The epidermis is separated from the dermis by a basement membrane, an extracellular matrix (ECM) that is rich in type IV collagen and laminin. The main resident cell type of the dermis is the fibroblast. The dermis is organized into three layers. The layer closest to the epidermis is the papillary layer, and beneath that lies the reticular layer. Fibroblast density is higher in papillary dermis, and the reticular dermis is characterized by an abundance of fibrillar collagen. The deepest dermal layer, historically termed the hypodermis, is characterized by a thick layer of white adipocytes. In addition to the three main dermal layers, there are two other mesenchymal structures in the dermis that are important for skin function. These are the dermal papilla, a cluster of cells at the base of the hair follicle that control the hair follicle cycle, and the arrector pili muscle, a smooth muscle that inserts into the basement membrane at a specific point in the hair follicle and, on contraction, causes the hair follicles to become erect.(19)

Although epidermal epithelial cells (keratinocytes) and dermal fibroblasts are the most abundant cell types in the skin, there are several other key cell types that are either permanent residents of the tissue or traffic through the skin. These include the cells of the peripheral nervous system (20) and blood vessels, melanocytes (21), and cells of the

innate and adaptive immune system (22).

Hair follicles are notable appendages of the epidermis. In addition to generating hairs that facilitate thermal regulation, hair follicles also serve as anchors for sensory neurons, arrector pili muscles and blood vessels. Hair follicles undergo cycles of regeneration and rest driven by stem cells located in a region known as the bulge, and in a cluster of cells below the bulge known as the hair germ.(23)

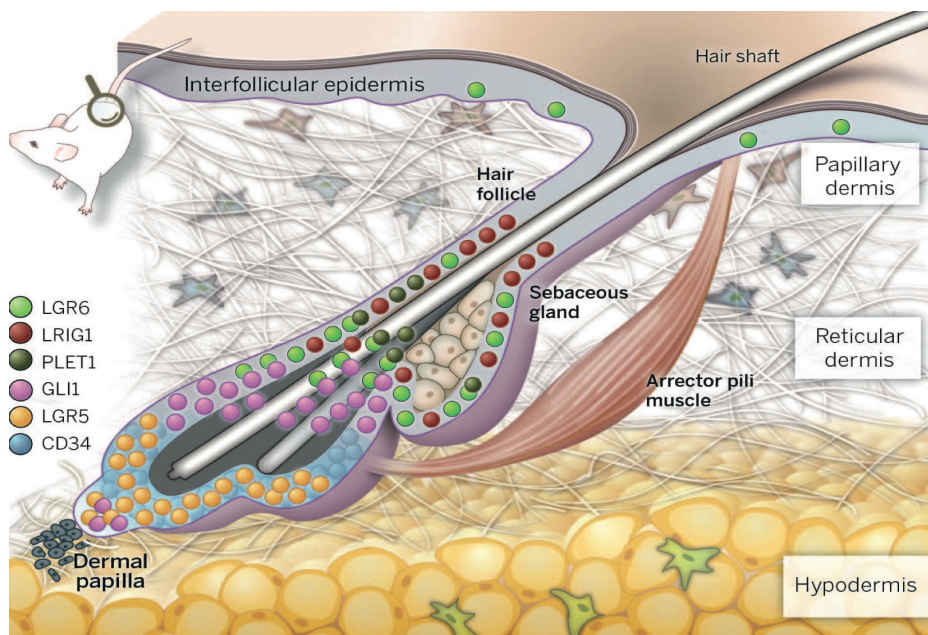
The skin, our largest organ, encompasses the entire body and mediates our sense of touch. Neurophysiologically complex, the skin is innervated by a wide variety of sensory neuron subtypes, including nociceptors, which sense painful stimuli; pruriceptors, which convey itch; thermoreceptors, which register temperature information; and low-threshold mechanoreceptors, which encode nonpainful mechanical stimuli, or touch. We use our sense of touch to recognize and manipulate objects, to communicate and socially interact with one another, to appreciate the textures of the foods we eat, for procreation and sexual pleasure, and in maternal nursing. The cutaneous end organs and the mechanosensory neurons that innervate them have evolved to underlie a range of sensory functions, as evidenced by the multitude of skin type specializations that are each innervated by a distinct array of sensory neuron subtypes, reflecting the diversity of functions of touch neurons.(20)

Melanomas arise from malignant transformation of melanocytes, the melanin-producing cells of the skin, eye, mucosal epithelia, and meninges that are responsible for pigmentation and photo protection. Melanocytes are derived from neural crest progenitors, and their development is modulated by the receptor tyrosine kinase

c-Kit and microphthalmia-associated transcription factor.(24) Melanocytes produce two main types of pigment: brown/black eumelanin and red pheomelanin. Eumelanin is the photo-protective pigment that provides ultraviolet radiation (UVR) attenuation. Pigment synthesis is stimulated by binding of  $\alpha$ -melanocyte-stimulating hormone to melanocortin 1 receptor (MC1R) on melanocytes.(21) MC1R is a major determinant of pigmentation, and loss-of-function polymorphisms result in impaired eumelanin production, with the most severe loss-of-function alleles producing red hair and fair skin.(24) In addition to basal pigmentation, acquired pigmentation can be elicited by stimuli such as UVR.(25)

Human skin, the body's largest organ, functions as a physical barrier to bar the entry of foreign pathogens, while concomitantly providing a home to myriad commensals. Over a human's life span, keratinized skin cells, immune cells, and microbes all interact to integrate the processes of maintaining skin's physical and immune barrier under homeostatic healthy conditions and also under multiple stresses, such as wounding or infection. The intricate interactions of microbes and immune cells on the skin surface and within associated appendages to regulate this orchestrated maturation in the context of both host physiological changes and environmental challenges.(22)

Although clinicians have long felt this to be evident, it has only relatively recently become clear that, besides the 'gut-brain axis', there is also a 'brain-skin axis', whose molecular key players are increasingly understood.(26-29) Interestingly, a number of gastrointestinal peptides (*e.g.*, calcitonin gene-related peptide, vasoactive intestinal



**Figure 1. Mouse back skin.** Markers of different epidermal stem cell populations (LGR6, LRIG1, PLET1, GLI1, LGR5, and CD34) are shown. LGR6 and LRIG1 are expressed in the hair follicle isthmus, whereas CD34 and LGR5 are bulge markers. (19) (Adapted with permission from American Association for the Advancement of Science).

peptide) have also been detected in intra-cutaneous nerve fibres.(30) The ‘gut–brain axis’ and this more recently documented ‘gut–skin axis’ are intimately linked with each other.(31)

### Skin Stem Cells and Their Niches

In mammals, the skin’s protective barrier is composed of a stratified epidermis (Figure 2). The IFE between hair follicles is exposed to many external insults, such as ultraviolet light, chemicals, allergens and traumatic injuries. To withstand these physical stresses, the epidermal cells, called keratinocytes, form a dense cytoskeletal infrastructure of 10-nm intermediate filaments composed of the keratin subfamily of proteins. Keratin filaments are highly enriched in the vertebrate epidermis and its appendages, but not in the surface epithelium of organisms such as insects, which instead secrete a protective outer shell.(23)

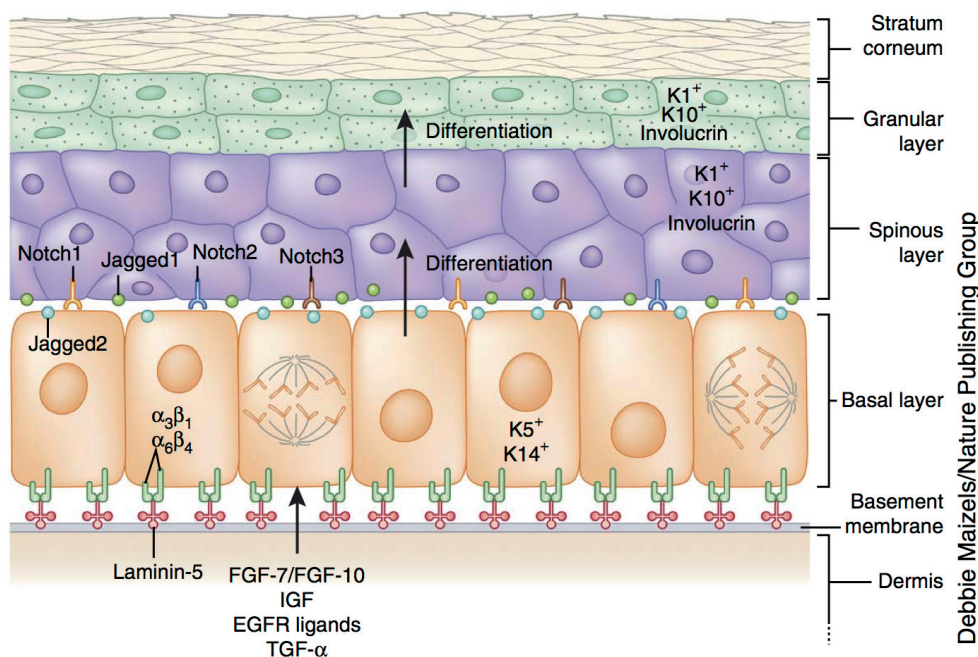
The epidermis is a stratified structure. Self-renewing stem cells reside within the basal layer, which adheres through  $\alpha3\beta1$  and  $\alpha6\beta4$  integrins to an underlying basement membrane of laminin-5-rich ECM that separates the epidermis from the underlying dermis. Secreted factors such as fibroblast growth factor (FGF)-7, FGF-10, insulin growth factor (IGF), epidermal growth factor (EGF) ligands and transforming growth factor (TGF)- $\alpha$  from dermal fibroblasts promote the proliferation of basal epidermal cells.(23)

The epidermis comprises the IFE, hair follicles, sebaceous glands and sweat glands. Each of these tissues

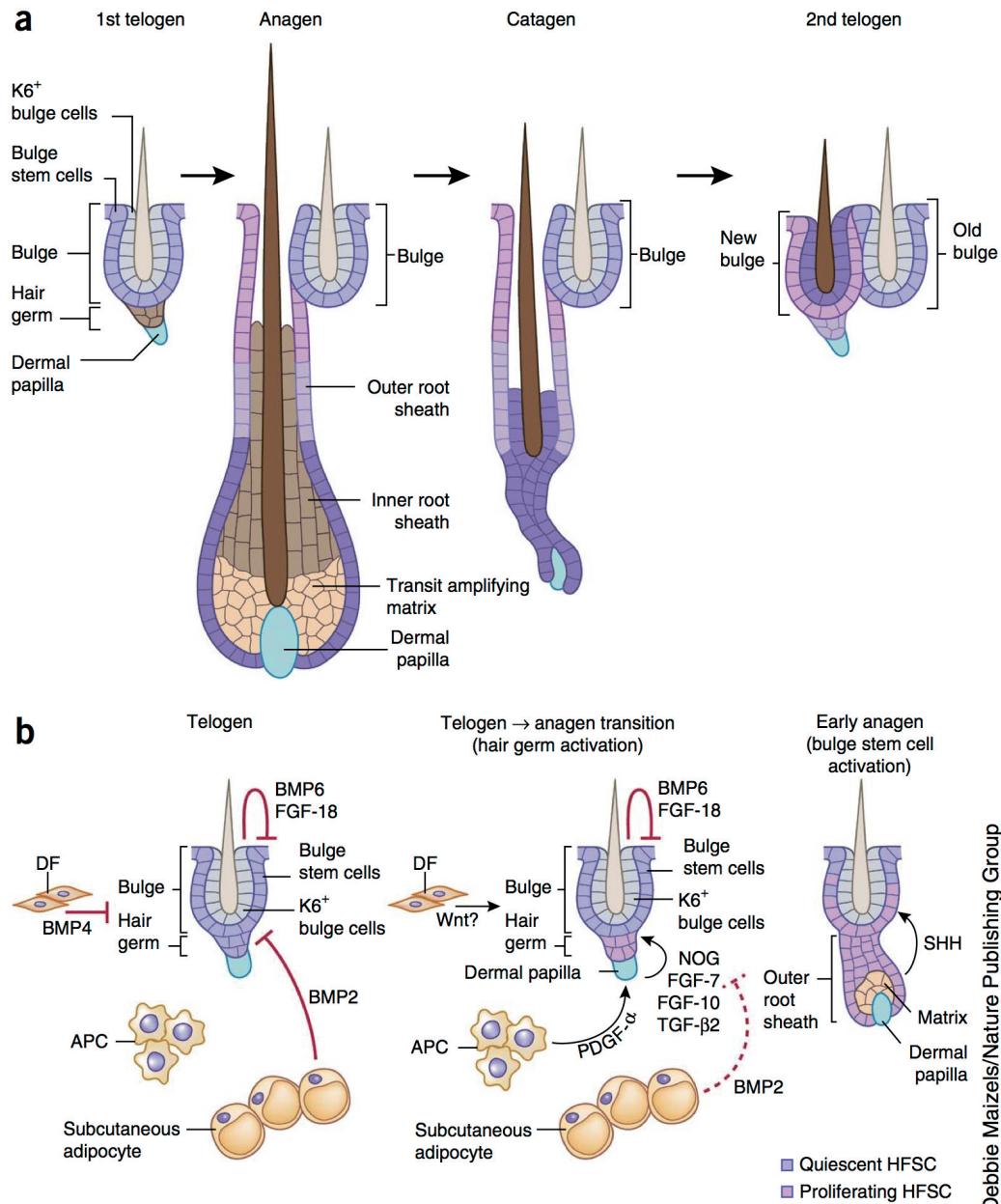
has its resident stem cells. The IFE is defined as the region of stratified epidermis flanked by hair follicles. The classic hypothesis of interfollicular stem cell behaviour, based on early labelretaining studies, stated that stem cells located at the basal layer give rise to shortlived progenitors that undergo several rounds of division, known as transitamplifying cells. These cells would amplify the keratinocyte population and migrate upwards as they differentiate, constituting one epidermal proliferative unit.(32,33)

Recent studies suggest, however, that the basal layer of the mouse IFE is heterogeneous and also contains basal cells that do not behave like committed progenitors. The IFE contains a reservoir of quiescent basal cells, predominantly for regenerative purposes, that is possibly compartmentalized around the hair follicles. A molecular analysis of these two populations revealed that committed progenitors express lower levels of stem cell markers, such as  $\alpha6$  and  $\beta1$  integrin, and higher levels of proteins controlling the epidermal and keratinocyte differentiation programme, like Notch 3, grainyhead-like-3 and some members of the SPPR family. In addition, committed progenitors show higher rates of proliferation than the quiescent stem cell population from which they originate.(34)

Interestingly, the higher expression of  $\beta1$  integrin by quiescent mouse interfollicular stem cells has also been observed for human epidermal stem cells, with quiescent and proliferative pools being distinguished by several markers. (34) For instance, quiescent human interfollicular stem cells not only express higher levels of  $\alpha6$  and  $\beta1$  integrins (35,36)



**Figure 2. Mouse back skin.** Markers of different epidermal stem cell populations (LGR6, LRIG1, PLET1, GLI1, LGR5, and CD34) are shown. LGR6 and LRIG1 are expressed in the hair follicle isthmus, whereas CD34 and LGR5 are bulge markers.(19) (Adapted with permission from American Association for the Advancement of Science).



**Figure 3. Hair follicle lineage and niche signals regulate hair follicle stem cells.**(23) (Adapted with permission from Nature Publishing Group).

but also lower levels of the transferrin receptor CD71 (37). Quiescence of human interfollicular stem cells also relies on the activity of Delta 1 (38), melanoma-associated chondroitin sulphate proteoglycan (MCSP), leucine-rich repeats and immunoglobulin-like domains 1 (LRIG1) (39), the polycomb protein chromobox protein homologue 4 (CBX4) (40) or on low levels of desmoglein 3 (DSG3) (41) and EGF receptor (40,42).

Unlike the epidermis, which regenerates continually, hair follicles undergo cycles of growth (anagen), degeneration (catagen) and rest (telogen) (Figure 3). In mice, the first two cycles are synchronized, making hair follicles

an ideal system for understanding how stem cells interact with progeny and heterologous cell types in the niche to transition between quiescence and regeneration. Hair follicle stem cells can be subdivided into two populations that share similar molecular signatures: a quiescent one located in the bulge (Bu-SCs) and a primed population within the hair germ just below the bulge, which is more prone to proliferation.(43) Previous lineage, tracing studies have demonstrated that these two populations are responsible for initiating hair growth (3,44,45), and recently live imaging has provided a more precise means of delineating their relative contributions to these early steps (46). Neither Bu-

SCs nor hair germ give rise to differentiated cells directly. (23) Bulge stem cells give rise to the cycling portion of the hair follicle in every anagen phase (3,4,43,44,47) and regenerate the entire hair follicle and IFE when transplanted (3,4,48-54). Among the bulge stem cell population, the first level of heterogeneity stems from the fact that only a portion of bulge stem cells is activated during anagen and that different bulge stem cells show distinct propensity to proliferate.(1)

Circadian rhythms also have a role in determining the differential response of bulge stem cells to activating stimuli. It has been shown recently that the expression of specific signals controlling the activation, quiescence and differentiation of bulge stem cells, including elements of the Wnt, TGF- $\beta$  and Notch signalling pathways, are under circadian control. Interestingly, two populations of clock-antiphase stem cells coexist in telogen hair follicles, one that is prone to activation (Wnt responsive high) and one that is predisposed to remain quiescent (Wnt responsive low). The circadian expression of proteins involved in Wnt signalling thus dictates which bulge stem cells will become active and which will remain dormant during anagen.(10)

Hair follicles connect with the epidermis through the junctional zone, which lies immediately above the bulge, and the isthmus, which extends from the junctional zone up to the IFE. These two areas have recently attracted much attention, as they seem to contain several subsets of specialized stem cells (Figure 4).(1)

Adult stem cells reside in niches that provide spatially distinct microenvironments for stem cell maintenance and function. The conceptual framework for stem cell niches, their compositions and their operating logistics is constantly being updated. Initially, niches were thought to be composed solely of heterologous cell populations that originate from a lineage different from the stem cells they regulate.(55) Recent studies have added several important modifications: differentiated progeny and stem cells can coexist within a niche, suggesting that niche signals alone are not sufficient to dictate 'stemness' (44,56); downstream progeny of stem cells can regulate their stem cell parents and thus become a component of the niche (57,58); and communications between stem cells and their niches are reciprocal, as stem cells may also regulate the assembly and maintenance of their niches (59).

New evidence indicates that hair follicle stem cells rely on both cellautonomous mechanisms and their microenvironment for their correct functioning. Bulge stem cells retain their identity and potential to regenerate hair follicles upon transplantation even when having

been passaged in culture, suggesting that their identity can be maintained, at least in the short term, without any surrounding niche cues.(52,60) However, transplanted bulge stem cells recruit and regenerate a new niche.(4,52,61) This might depend on the secretion of specific factors and extracellular or transmembrane proteins, both of which are enriched in the transcriptome signature of bulge stem cells. This specialized environment subsequently dictates the behaviour of bulge stem cells.(62) Further underscoring the importance of the niche, new studies indicate that bulge stem cells communicate with various cell types, including specialized dermal fibroblasts, muscle cells, adipocytes and neurons.(1)

## Skin Homeostatis and Regeneration

At the surface of body organs, epithelial tissues must withstand harsh external environments. To do so, they rely heavily upon stem cells to replenish and repair wounds and replace the many cells that die from this wear and tear. Tissue homeostasis and wound repair are ensured by stem cells, located within specialized microenvironments, referred to as niches. Each niche is tailored to accommodate the regenerative needs of its tissue. Some tissues, for instance, skin epithelium, harbor multiple stem cell niches, each with their own responsibility for maintaining cellular balance within their particular domain.(64)

Accumulating evidence on bone marrow, intestinal stem cell crypts, and hair follicles suggests that stem cells often exist in two distinct states based upon their relative activity and/or their ease of activation during homeostasis and/or wound induced regeneration. Recent studies on the hair follicle reveal that signals emanating from both heterologous niche cells and from lineage progeny influence the timing and length of stem cell activity. This in turn can profoundly affect the amount of tissue regenerated.(64)

In homeostasis, cells lost during the course of turnover must be perfectly compensated by cells generated in the basal layer. Different theories have been proposed to explain how this balance is achieved.(11) On the basis of morphological and proliferation studies, it has been proposed that the skin IFE is organized into discrete 'epidermal proliferative units' (EPUs), comprised of slow-cycling stem cells together with around 10 transit-amplifying cell progeny, which undergo terminal differentiation after a fixed number of cell divisions.(64-67) Following the clonal marking of IFE cells by retroviruses (49,68-70) or mutagens (71,72), long-lived columns of labelled IFE cells that span the epidermis from the basal layer to the top of the cornified layer appear,

lending support to the concept of EPU. By contrast, the quantitative analysis of lineage tracing data in IFE using a ubiquitous promoter suggests that tissue is maintained by a single, equipotent, committed progenitor cell population in which the balance between proliferation and differentiation follows from seemingly random cell fate decisions.(9,73) After wounding, only stem cells contribute substantially to the repair and long-term regeneration of the tissue, whereas committed progenitor cells make a limited contribution.(34)

The primary source of cell renewal is through proliferation of stem cells (74,75); however, there seems to be some plasticity between stem cells and their early progeny, as most basal keratinocytes maintain their regenerative potential and are capable of regenerating epidermis when activated by appropriate stimuli or transplanted into an *in vivo* setting.(76) It is unclear, however, at what point the keratinocytes lose their regenerative capacity. Certainly, by the time the nucleus of the cells has begun to disintegrate, the cells have lost the capacity to reenter the proliferative cycle.(77)

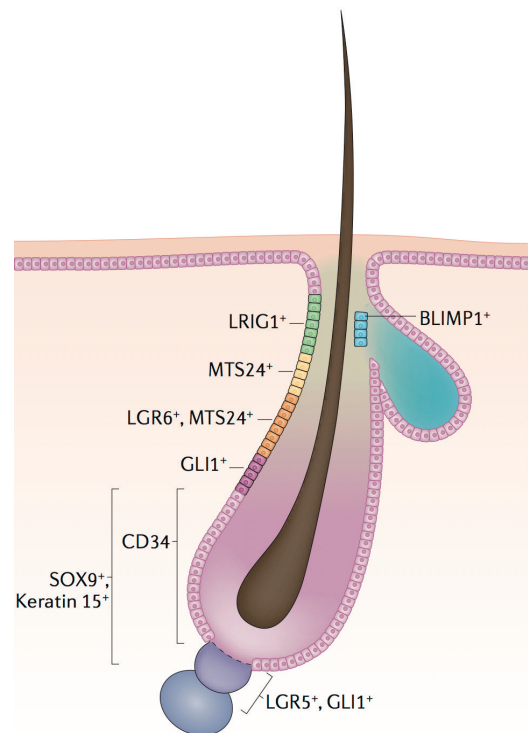
LRIG1 is a marker of human IFE stem cells and helps maintain stem cell quiescence. In mouse epidermis, LRIG1 defines the hair follicle junctional zone adjacent to the sebaceous glands and infundibulum. LRIG1 is a Myc target gene; loss of LRIG1 increases the proliferative capacity of stem cells in culture and results in epidermal hyperproliferation *in vivo*. LRIG1-expressing cells can give rise to all of the adult epidermal lineages in skin reconstitution assays. However, during homeostasis and on retinoic acid stimulation, they are bipotent, contributing to the sebaceous gland and IFE.  $\beta$ -catenin activation increases the size of the junctional zone compartment, and loss of LRIG1 causes a selective increase in  $\beta$ -catenin-induced ectopic hair follicle formation in the IFE. These suggest that LRIG1-positive cells constitute a previously unidentified reservoir of adult mouse IFE stem cells.(7)

Organ replacement regenerative therapy is expected to provide novel therapeutic systems for donor organ transplantation, which is an approach to treating patients who experience organ dysfunction as the result of disease, injury or aging.(78) Concepts in current regenerative therapy include stem cell transplantation and two-dimensional uniform cell sheet technologies, both of which have the potential to restore partially lost tissue or organ function.(79-81) The development of bioengineered ectodermal organs, such as teeth, salivary glands, or hair follicles may be achieved by reproducing the developmental processes that occur during organogenesis.(82-86)

In the age of stem cell engineering it is critical to

understand how stem cell activity is regulated during regeneration. Hairs are mini-organs that undergo cyclic regeneration throughout adult life (87), and are an important model for organ regeneration. Hair stem cells located in the follicle bulge (88) are regulated by the surrounding microenvironment, or niche (89). The activation of such stem cells is cyclic, involving periodic  $\beta$ -catenin activity.(90-93) In the adult mouse, regeneration occurs in waves in a follicle population, implying coordination among adjacent follicles and the extra follicular environment.(94)

After morphogenesis, various stem cell types are maintained in certain regions of the follicle. For instance, follicle epithelial cells are found in the follicle stem cell niche of the bulge region (51,52); multipotent mesenchymal precursors are found in dermal papilla cells (95,96); neural crest-derived melanocyte progenitors are located in the sub-bulge region (97-99), and follicle epithelial stem cells in the bulge region that is connected to the arrector pili muscle (59,100). The follicle variable region mediates the hair cycle, which depends on the activation of follicle epithelial stem cells in the bulge stem cell niche during the telogen-to-anagen transition.(43,101) This transition includes phases of growth (anagen), apoptosis-driven regression (catagen) (102) and relative quiescence (telogen) (87), whereas the



**Figure 4. Hair follicle stem cell pools.** Hair follicles contain several pools of spatially distributed stem cells that are defined by unique molecular signatures and differentially contribute to hair follicle cycling.(1) (Adapted with permission from Nature Publishing Group).

organogenesis of most organs is induced only once during embryogenesis (103).

To achieve hair follicle regeneration in the hair cycle, it is thought to be essential to regenerate the various stem cells and their niches.(86,104) Many studies have attempted to develop technologies to renew the variable lower region of the hair follicle (105,106), to achieve *de novo* folliculogenesis via replacement with hair follicle-inductive dermal cells (107), and to direct the self-assembly of skin-derived epithelial and mesenchymal cells (77,108-112). Toyoshima, *et al.* demonstrate fully functional orthotopic hair regeneration via the intracutaneous transplantation of bioengineered hair follicle germ.(61)

Melanocyte stem cells (McSCs) intimately interact with epithelial stem cells (EpSCs) in the hair follicle bulge and secondary hair germ. Together, they undergo activation and differentiation to regenerate pigmented hair. However, the mechanisms behind this coordinated stem cell behavior have not been elucidated. Rabbani, *et al.* identified Wnt signaling as a key pathway that couples the behavior of the two stem cells. EpSCs and McSCs coordinately activate Wnt signaling at the onset of hair follicle regeneration within the secondary hair germ.(113)

Skin regeneration is an important area of research in the tissue engineering (TE) field, especially for massive skin loss cases, where current treatments are yet not capable of inducing permanent satisfying skin regeneration. (80) To achieve an effective healing, skin TE products must attach well to the wound bed, be supported by new vasculature, integrate with the surrounding host tissues, be non-immunogenic, and be capable of self regeneration with minimum scar tissue, with reduced patient pain and discomfort, and yet importantly, manufactured with a good cost–benefit ratio.(114,115) Thus, in order to meet the need for maintaining keratinocytes in an early differentiation state, the revolutionary approach in skin TE comprises the use of stem cells, guarantying also an unlimited source of biological material, crucial for large full-thickness skin defects.(115)

## Cutaneous Wound Healing

The skin, as the body's external epithelium, sustains and repairs injuries throughout a lifetime. This vital role is affected by a wide variety of factors that influence skin wounding and the speed and quality of healing. Surgical incisions, thermal burns, and chronic ulcers are among the conditions in which wound healing plays a critical role. (116-118) In addition to acute wounds, there has been a

steady rise in chronic skin wounds such as pressure ulcers and diabetic foot ulcers, which now affect more than 1% of all people during their lifetime.(119) Advances in understanding the molecular and cellular basis of cutaneous wound healing will be important for improved wound therapy and prevention.

Cutaneous wound healing is classically divided into four overlapping stages: hemostasis, inflammation, proliferation, and remodeling. Each stage is characterized by key molecular, cellular, and physiologic events, which are orchestrated in large part by signaling among hematopoietic, immunologic, and resident skin cells. These stages have been reviewed in detail (120) and are summarized in Figure 5.(121)

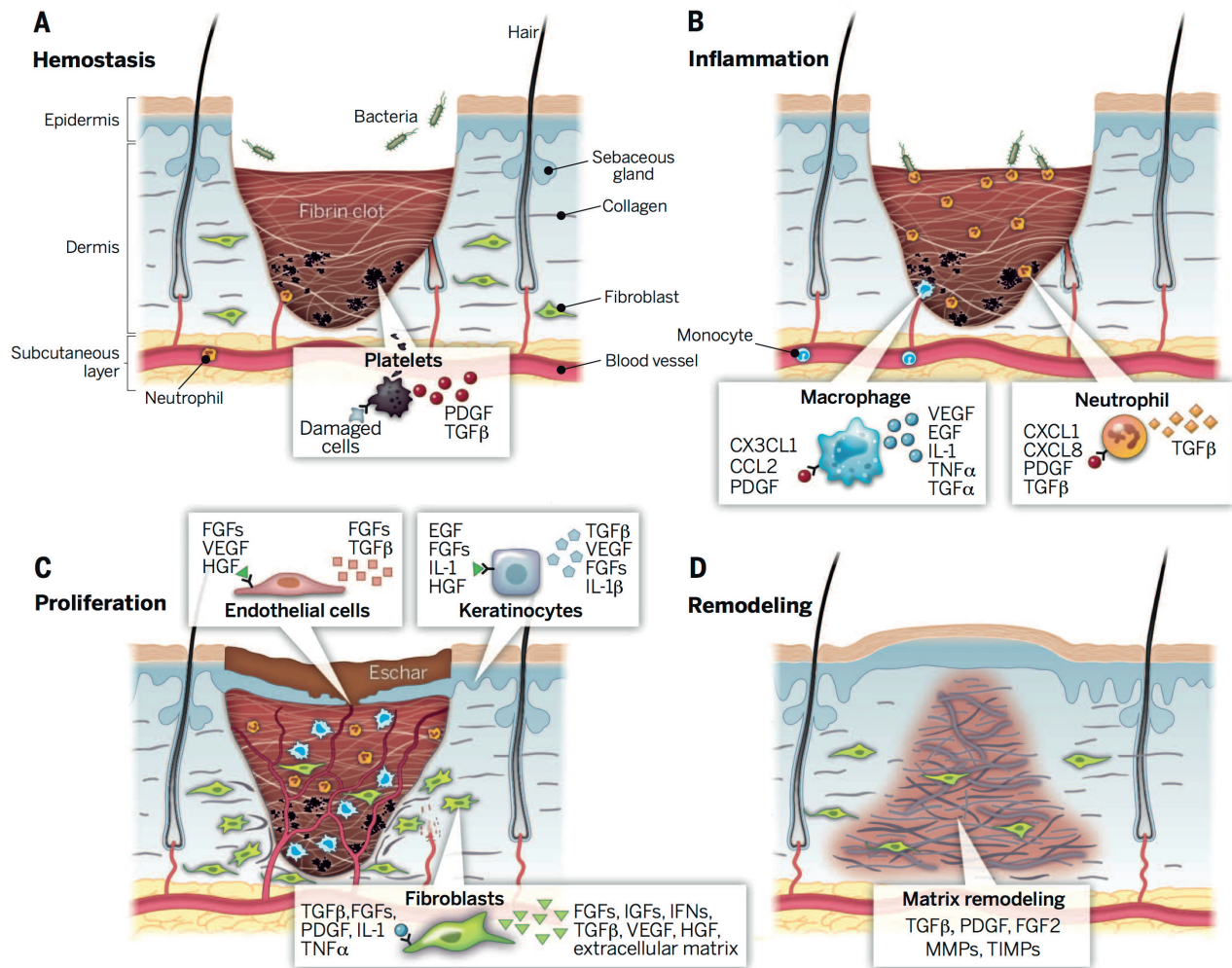
A key role for eccrine sweat glands in reconstituting the epidermis after wounding in humans. More specifically, eccrine sweat glands generate keratinocyte outgrowths that ultimately form new epidermis; eccrine sweat glands are the most abundant appendages in human skin, outnumbering hair follicles by a factor close to 3; and the rate of expansion of keratinocyte outgrowths from eccrine sweat glands parallels the rate of reepithelialization. This novel appreciation of the unique importance of eccrine sweat glands for epidermal repair may be exploited to improve our approaches to understanding and treating human wounds. (15)

Improved understanding of cutaneous healing has guided more sophisticated and targeted approaches to enhancing injury repair. As a foundation to treating all wounds, optimization of controllable healing factors remains a central principle. This can include nutritional support, smoking cessation, blood perfusion and fluid drainage, infection clearance, and mechanical protection. Simple techniques such as maintaining a clean but moist wound environment with occlusive dressings (122) help to accelerate re-epithelialization and alter the inflammatory milieu to favor better healing. Mechanical support at sites of high skin tension reduces the development of hypertrophic scars and keloids.(121,123)

A wide variety of experimental approaches have been developed to incorporate stem cell-based therapies in cutaneous wound healing. Stem cells can be delivered in conjunction with skin composites or by various other methods, including direct application. For skin wounds, major efforts have focused on the use of epidermal progenitor cells, mesenchymal stroma/stem cells, adipose tissue-derived stem cells, and induced pluripotent stem cells.(121)

A goal of regenerative medicine is to replace or





**Figure 5. Stages of wound healing.** Wound healing is classically divided into four stages: (A) hemostasis, (B) inflammation, (C) proliferation, and (D) remodeling. Each stage is characterized by key molecular and cellular events and is coordinated by a host of secreted factors that are recognized and released by the cells of the wounding response.(121) (Adapted with permission from American Association for the Advancement of Science).

regenerate whole body organs. For skin grafting, this would mean the restoration of all functional components, including hair follicles, sweat glands, and nerves. Although there is no perfect skin substitute currently available, rapid developments in understanding skin development and wound repair, together with advances in stem cell and tissue bioengineering, provide hope that such a product represents a tractable goal in the future.

### Skin Stem Cells Exhaustion and Aging

The skin shows profound structural and functional changes with age, including dermal and epidermal thinning, reduction in epidermal proliferation and injury repair, loss of dermal elasticity and wrinkling, and graying, thinning and loss of hair. Aged hair follicle stem cells maintain their numbers and gene signatures. However, telogen lengthens

with age, suggesting that quiescent hair follicle stem cells become increasingly resistant to activation.(124,125)

Skin ageing is likely to be a combination of the natural process of cellular decay and the result of the exposure to continuous external aggressions such as ultraviolet light. In aged human skin, the undulating pattern that forms the rete ridges of the basal layer is flattened, and the expression of stem cell markers is lower (35,39,126), which results in a reduced potential to self-renew *in vitro* (127). In aged mouse epidermis, although the morphology of the hair follicles and sebaceous glands is altered (122), the total number of bulge stem cells remains constant (17,128,129). Although some studies in mice suggest that epidermal stem cells are retained during aging (17,128), aged human keratinocyte stem cells exhibit decreased colony-forming ability (127), suggesting that undiscovered stem cell changes may be involved in epidermal aging. Indeed, the skin contains many

individual, well-characterized stem cell populations, which not only highlights the complexity of the skin hierarchy, but also suggests that discrete populations may undergo age-associated changes that might ultimately impact tissue function.(129)

The reasons underlying skin stem cell ageing are not entirely clear. Bulge stem cells do not prevent their DNA from accumulating mutations through asymmetrical chromosome segregation during mitosis (130,131), but they inherently repair DNA damage faster than other hair follicle cells by expressing more B cell lymphoma 2 (BCL-2) and transiently stabilizing p53, as well as through breast cancer 1 (BRCA1)-dependent survival mechanisms (132,133). They also have the longer telomeres and lower rates of telomere shortening upon division, which might prevent replication-induced genomic instability.(128,134) Nevertheless, aged bulge stem cells show reduced clonogenic potential. (10,129) One possible cause might rely on the progressive alteration of the pathways that control their self-renewal or the transition from quiescence to activation, both resulting in bulge stem cell ageing.(60,135)

Epidermal integrity is a complex process established during embryogenesis and maintained throughout the organism lifespan by epithelial stem cells. Although Wnt regulates normal epithelial stem cell renewal, aberrant Wnt signaling can contribute to cancerous growth.(135) Wnt caused the rapid growth of the hair follicles, but this was followed by epithelial cell senescence, disappearance of the epidermal stem cell compartment, and progressive hair loss. Although Wnt1 induced the activation of  $\beta$ -catenin and the mammalian target of rapamycin (mTOR) pathway, both hair follicle hyperproliferation and stem cell exhaustion were strictly dependent on mTOR function. These findings suggest that whereas activation of  $\beta$ -catenin contributes to tumor growth, epithelial stem cells may be endowed with a protective mechanism that results in cell senescence upon the persistent stimulation of proliferative pathways that activate mTOR, ultimately suppressing tumor formation. (135)

Two markers of human IFE stem cells are MCSP and neuron-gial antigen 2 (NG2) (39) and high levels of  $\beta$ 1 integrins (35,36,136). The reduction in  $\beta$ 1 integrin levels and MCSP expression with advancing age may also contribute to age-associated changes in dermal thickness and skin vascularization. Integrins collaborate with growth factor receptors to influence growth factor production and responsiveness (137,138), and MCSP can enhance integrin-dependent signaling (126,139).

Microenvironmental and systemic changes might

also affect bulge and interfollicular stem cell ageing. In aged skin, dermal cellularity and thickness decrease, the subcutaneous fat layer thickens and the presence of immune cells is reduced.(17) Changes in the expression of ECM proteins and collagen deposition also correlate with ageing. (62)

## Conclusion

In the past years, our view of the mechanisms that govern skin homeostasis and regeneration have markedly changed. New populations of stem cells have been identified that behave spatio-temporally differently in healthy tissues and in situations of damage, indicating that a great level of stem cell heterogeneity is present in the skin. A key process in organ homeostasis is the mobilization of stem cells out of their niches.

Recent findings have brought the complexity of cellular and molecular regulators within the skin stem cell niche during development, homeostasis, injury, aging and cancer. With its rich cellular composition, the skin will continue to serve as an important paradigm in the quest to understand stem cell niches. In the era of tissue engineering, driven by the hope that in the future we will be able to manipulate stem cell behavior *in situ*, suppress tumor formation and progression and grow functional tissues for regenerative medicine.

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