## RESEARCH ARTICLE

# Role of 8-isoprostane, Matrix Gla Protein (MGP) and Bone Morphogenetic Protein-2 (BMP-2) in Vascular Calcification in Chronic Kidney Disease

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## Abstract

**ACKGROUND:** Vascular calcification may be an important risk factor of cardiovascular disease in Chronic Kidney Disease (CKD). The pathobiology of vascular calcification in CKD is complex and involves some factors including inflammation, oxidative stress and balancing of calcification regulators. The aim of the study was to investigate the interaction between 8-isoprostane with calcification regulators such as matrix gla protein (MGP) and bone morphogenetic protein (BMP)-2 with vascular calcification in CKD.

**METHODS:** A cross-sectional study was performed on 63 subjects undergoing haemodialysis maintenance for more than 3 months. Abdominal aortic calcification (AAC) was measured using a lateral abdominal X-ray for calcification in abdominal aorta, which is related to severity of calcific deposits at lumbar vertebral segment (L)1-L4. Serum levels of 8-isoprostane, MGP and BMP-2 were measured by enzyme-linked immunosorbent assay method.

**RESULTS:** Results showed that 8-isoprostane levels were correlated with BMP-2 (r=0.266, p=0.018) and MGP levels (r=0.410, p=<0.001). MGP/BMP-2 levels ratio was correlated with AAC score (r=0.279, p=0.013). Subjects were then stratified into 3 groups based on AAC score: 0, 1-6 and  $\geq$ 7. The highest mean of MGP levels was in AAC score 1-6 group, and the highest mean of 8-isoprostane levels was in AAC score  $\geq$ 7. In the group of AAC score 0, 8-isoprostane levels were correlated with MGP levels (r=0.499, p=0.001) and MGP/BMP-2 levels ratio (r=0.291, p=0.034). In AAC score 1-6 group, 8-isoprostane levels were correlated with BMP-2 (r=0.661, p=0.005) and MGP levels (r=0.569, p=0.017). In AAC score  $\geq$ 7 group, MGP levels were positively correlated with AAC score (r=0.608,



## Abstrak

ATAR BELAKANG: Kalsifikasi vaskular merupakan faktor risiko penyakit kardiovaskular pada Penyakit Ginjal Kronik (PGK). Patobiologi kalsifikasi vaskular pada PGK sangat kompleks dan melibatkan faktor seperti inflamasi, stres oksidatif dan keseimbangan regulator kalsifikasi. Penelitian ini bertujuan untuk melihat interaksi antara 8-isoprostane dengan regulator kalsifikasi yaitu *matrix gla protein* (MGP) dan *bone morphogenetic protein* (BMP)-2 terhadap kalsifikasi vaskular pada PGK.

**METODE:** Penelitian potong lintang ini dilakukan pada 63 subyek yang sedang menjalani perawatan hemodialisis selama lebih dari 3 bulan. *Abdominal aortic calcification* (AAC) diukur dengan *X-ray* abdominalis lateral yang ditujukan untuk melihat kalsifikasi pada aorta abdominalis, yang berhubungan dengan derajat deposit kalsifikasi pada segmen vertebra lumbalis (L)1-L4. Kadar serum 8-isoprostane, MGP dan BMP-2 diukur dengan metoda *enzyme-linked immunosorbent assay*.

**HASIL:** Penelitian ini menunjukkan kadar 8-isoprostane berkorelasi dengan kadar BMP-2 (r=0,266, p=0,018) dan MGP (r=0,410, p=<0,001). Rasio kadar MGP/BMP-2 berkorelasi dengan skor AAC (r=0,279, p=0,013). Subyek penelitian dibagi dalam 3 kelompok berdasarkan skor AAC, yaitu: 0, 1-6 dan  $\geq$ 7. Rerata kadar MGP paling tinggi terdapat pada kelompok skor AAC 1-6, sedangkan rerata kadar 8-isoprostane paling tinggi terdapat pada kelompok skor AAC 0, kadar 8-isoprostane berkorelasi dengan kadar MGP (r=0,499, p=0,001) dan rasio kadar MGP/BMP-2 (r=0,291, p=0,034). Pada kelompok skor AAC 1-6, 8-isoprostane berkorelasi dengan kadar BMP-2 (r=0,661, p=0,005) dan

p=0.041). With multivariate logistic regression analyses, we identified that increased MGP/BMP-2 levels ratio (OR: 12.436; 95%CI: 1.595-96.971) was an independent predictor in aortic calcification event.

**CONCLUSION:** We concluded that regulators of calcification including calcification inhibitor and promoter related to oxidative stress, were associated with vascular calcification in CKD. MGP levels were increased in the early of calcification and MGP/BMP-2 levels ratio was a strong predictor for vascular calcification in CKD.

**KEYWORDS:** vascular calcification, CKD, oxidative stress, 8-isoprostane, MGP, BMP-2

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### Introduction

Chronic kidney disease (CKD) is globally emerging as an important risk factor for morbidity and mortality. Some manifestations of CKD range from proteinuria with normal renal clearance/function to advanced renal failure requiring renal replacement therapy in the form of dialysis or transplantation, commonly called end-stage renal disease (ESRD).(1)

In Indonesia, numbers of CKD patients are rising rapidly. The prevalence of ESRD patients who underwent hemodialysis in 2002 was 1,425 and rised to 3,079 in 2006. The prevalence rates per million populations were 10.2 in 2002 and 23.4 in 2006.(2)

The majority of subjects with CKD are more likely to die of cardiovascular disease (CVD) rather than progress to ESRD requiring renal replacement therapy. Cardiovascular mortality is the leading cause of death in patients treated by dialysis, with mortality 10 to 30 times higher than in the general population despite stratification for gender, race, and presence of diabetes. Patients with CKD have a disproportionate burden of vascular calcification.(1)

Initially it was believed that high phosphate concentrations in CKD caused vascular calcification simply by exceeding the calcium-phosphate solubility products that lead to precipitation, but some later studies have shown that oxidative stress, high phosphate levels, uremic, bone morphogenetic protein (BMP)-2 and high activity level of the phosphate transporter pituitary transcription factor (Pit)-1 induce vascular smooth muscle cell (VSMC) to differentiate MGP (r=0,569, p=0,017). Pada kelompok skor AAC  $\geq$ 7, kadar MGP berkorelasi positif dengan skor AAC (r=0,608, p=0,041). Dengan analisis regresi logistik multivariat, kami menemukan bahwa peningkatan rasio kadar MGP/BMP-2 (OR: 12.436; 95%CI: 1,595-96,971) merupakan prediktor independen pada kejadian kalsifikasi aorta.

**KESIMPULAN:** Kami menyimpukan bahwa regulator kalsifikasi termasuk inhibitor dan promotor kalsifikasi yang terkait dengan stres oksidatif, berhubungan dengan kejadian kalsifikasi vaskular pada PGK. Kadar MGP meningkat di awal kalsifikasi dan rasio kadar MGP/BMP-2 merupakan prediktor kuat kalsifikasi vaskular pada PGK.

**KATA KUNCI:** kalsifikasi vaskular, PGK, stres oksidatif, *8-isoprostane*, MGP, BMP-2

from a contractile into an osteoblastic phenotype that behave like osteoblast. Once the osteogenic phenotype is induced, VSMC gains a distinctive molecular fingerprint, marked by the transcription factor core binding factor 1 (*Cbfa1*) that can express alkaline phosphatase (ALP) which synthesize hydroxyapatite crystals. Calcification may occur at several sites in the cardiovascular system, including the intima and media of vessels and cardiac valves. Alternatively, the loss of key mineralization inhibitor such as matrix gla protein (MGP) also contributes to vascular calcification.(3)

Oxidative stress may be a significant contributor to the accelerated pathology associated with ESRD. Diverse mechanisms might account for increased oxidative stress, including antioxidant deficiency, neutrophil activation during dialysis, and chronic inflammation. Oxidative stress reflects an imbalance between the systemic manifestation of reactive oxygen species (ROS) and a biological system's ability to readily detoxify the reactive intermediates such species include free radicals and hydrogen peroxides  $(H_2O_2)$ or to repair the resulting damage. Increased H<sub>2</sub>O<sub>2</sub> production due to activation of the nicotinamide adenine dinucleotide phosphate (NADPH) oxidase by inflammatory cytokines may activate and translocate nuclear factor kappa-light-chain enhancer of activated B cells (NF-KB) in the endothelial cells. Binding of NF- $\kappa$ B to its target sequences promotes the expression of BMP-2.(4) 8-isoprostanes plasma has been established as an indicator of *in vivo* oxidative stress(5) and has been investigated in the pathogenesis of CKD. Research on isoprostanes disclosed much information on increased oxidative stress and related loss of kidney function, in early progression of CKD.(6)

BMPs are the most potent regulators of osteoblast differentiation among the local factors. They belong to the transforming growth factor (TGF)- $\beta$  superfamily. *Cbfa1*, a member of the runt domain gene family, plays a major role in the processes of determination of osteoblast cell lineage and maturation of osteoblasts. *Cbfa1* is an essential transcription factor for osteoblast differentiation and bone formation. Binding of BMP to its receptor is an important local factor that up-regulates *Cbfa1* expression in cells. BMP-2 had profound effects on proliferation, expression of most of the BMPs and the mineralization of human osteoblastic cells. (7)

In atherosclerosis, intimal macrophages and VSMCs express multiple proteins associated with calcification including the vitamin K-dependent protein, MGP.(8) MGP has been identified as a calcification inhibitor in cartilage and vasculature. MGP is able to bind BMP-2 and promote an association between BMP-2 and matrix components. Interaction between MGP and BMP-2 interferes binding of BMP-2 to its receptor and activation of Smad1, part of the BMP signaling system. In vascular calcification, there are contradictory findings regarding the effect of MGP that might depend on its level ratio to BMP-2. On one hand, MGP knockout mice develop profound vascular calcification, whereas on the other hand calcifying atherosclerotic lesions show an increased expression of MGP.(9) Therefore, this study was carried out to investigate the interaction between 8-isoprostane with calcification regulators such as MGP and BMP-2 and the interaction between 8-isoprostane and calcification regulators in vascular calcification in CKD.

### Methods

#### Study design and Study Subjects

This study was an observational study with crosssectional design. The study subjects were recruited from haemodialysis centres at several hospitals in Makassar from November 2012 until April 2013. Eligible 63 subjects were enrolled based on inclusion criteria as follows: male or female, aged above 20 years old with CKD stage 5 and duration of haemodialysis more than 3 months. Information on medications, causes of disease, duration of haemodialysis and medical history of diabetes mellitus, hypertension. CVD and others was obtained by interview. Subjects with history of post parathyroidectomy, post kidney transplantation, malignancy, stroke and autoimmune disease were excluded. This study protocol was approved by The Health and Research Ethics Committee, Medical Faculty of Hasanuddin University, Makassar, Indonesia and written informed consent was obtained from each subject.

### Blood collection and biochemical analysis

Blood pressure (BP) was measured by using mercury sphygmomanometer. Blood samples were collected in the morning after overnight fasting and before haemodialysis procedure. Venous blood was drawn using a serum separator tube (SST) and allowed to clot for two hours at room temperature before centrifugation for 20 minutes at approximately 1,000g. Serum was immediately stored



#### Grading

- 0: no calcific deposits in front of the vertebra
- 1: small scattered calcific deposits filling less than 1/3 of the longitudinal wall of the aorta
- 2 : 1/3 2/3 of the wall calcified
- 3: 2/3 or more of the wall calcified

Level	Affected segment	Scores for indiv	idual segments	Composite score (AAC)	
		Posterior wall Range 0-3	Anterior wall Range 0-3	Anterior-Posterior severity Range 0-6	
L1	1	1	0	1	
L2	1	2	1	3	
L3	1	3	2	5	
L4	1	3	3	6	
Total	4	9	6	15	
Maximum	4	12	12	24	

Figure 1. Abdominal aorta calcification (AAC) scoring.(10) (Adapted with permission from Nature Publishing Group).

frozen in aliquots at -20°C until assay was done. Blood collection for 8-isoprostane assay was done with special precaution due to instability of the biomarker. The serum was stored frozen with the addition of 0.005% butvlated hydroxytoluene (BHT) to prevent oxidative formation of 8-isoprostane and also supplemented with indometacin to give a final concentration of at least 10 µM to prevent ex vivo formation of eicosanoids. The concentration of 8-isoprostane was measured by competitive enzyme immunoassay (EIA) method using 8-isoprostane EIA kit (Cat. 516351, Cayman Chemical, Ann Arbor, MI). MGP was measured by enzymelinked immunosorbent assay (ELISA) method using human MGP ELISA kit (Cat. E91477Hu, USCN Life Science, Inc., Wuhan, China) and BMP-2 was measured by ELISA method using Quantikine BMP-2 Immunoassay (Cat. DBP200, R&D systems, Inc., Minneapolis, MN). All assays were carried out at Research & Esoteric Laboratory of Prodia Clinical Laboratory, Jakarta, Indonesia. The Abdominal Aortic Calcification (AAC) was measured semiguantitively using a lateral abdominal X-ray in which both location and severity of the calcific deposits at each lumbar vertebral segment (L)1–L4. Lateral radiography was performed in the standing position using standard radiographic equipment. A minimum of 4 cm anterior to the lumbar spines had to be visible: the film distance was 100 cm, other adjustments were: 94KPV, 33-200mAs and the estimated dose of radiation was approximately 15 mGy. The calcification of

the aorta was graded and scores were calculated using two
methods: (a) the composite score for anterior-posterior
severity where the scores of individual aortic segments
both for the anterior and posterior walls were summed
(maximum score 24), and (b) the affected segments score
as the total number of aortic segments showing any level of
calcification is indicated (maximum score 4). The scoring
system is depicted schematically in Figure 1(10).

#### Data analysis

Statistical analysis was performed with SPSS for Windows version 17.0 (SPSS Inc., Chicago, IL) for descriptive analysis, Kolmogorov-Smirnov distribution test, Mann-Whitney test, Spearman correlation and multivariate logistic regression analysis. Hypotheses were tested at a significance level of 0.05.

### Results

Table 1 showed the characteristics of the subjects (median duration of dialysis 1 (1-9) years; mean age  $47.8\pm10.9$  years old). Subjects were stratified into 3 groups based on AAC score refer to a previous study(11) as follows: AAC score 0, 1-6 and  $\geq 7$  groups.

Kolmogorov-Smirnov distribution test showed MGP and ratio MGP/BMP-2 had a normal distribution, while data

Variable	(n=63)	0 (n=40)	1-6 (n=14)	≥7 (n=9)	р
Gender					0.831
Male	60.3%	57.5%	64.3%	66.7%	
Female	39.7%	42.5%	35.7%	33.3%	
Age (year)	$47.8\pm10.9$	$43.7\pm9.6$	$53.8\pm8.8$	$56.9 \pm 10.4$	0.000**
Duration of HD					0.250
<2 years	68.3%	67.5%	57.1%	88.9%	
2-4 years	23.8%	25.0%	28.6%	11.1%	
>4 years	7.9%	7.5%	14.3%	0.0%	
BMI (kg/m <sup>2</sup> )	$22.5 \pm 3.8$	$22.2 \pm 3.7$	$23.5\pm3.6$	$22.3 \pm 4.7$	0.378
Diabetes Mellitus	19.0%	12.5%	28.6%	33.3%	0.215
SBP (mmHg)	$146.2 \pm 23.2$	$152.4 \pm 21.3$	$133.6 \pm 24.0$	$138.3 \pm 22.1$	0.018*
DBP (mmHg)	87.3 ± 15.1	91.3 ± 13.5	81.4 ± 17.5	$78.3 \pm 12.2$	0.005**

Mann Whitney test, HD: haemodialysis, BMI: body mass index, SBP: systolic blood pressure, DBP: diastolic blood pressure,  $*p \le 0.05$ ,  $**p \le 0.01$ .

#### Table 1. Baseline characteristic of subjects.

### Table 2. Biochemical Characteristic of the subjects in each group.

	AAC Score						
Variable	0 (n=40)	1-6 (n=14)	≥7 (n=9)	р			
8-isoprostane (pg/ml)	70.7 (17.2-543.4)	58.8 (33.5-229.2)	94.1 (37.2-543.4)	0.180			
BMP-2 (pg/ml)	34.9 (15.9-311.1)	31.8 (19.8-86.5)	27.0 (19.1-72.2)	0.654			
MGP (pg/ml)	95,509.5 ± 57,547.1	112,495.2 ± 46,888.9	98,002.2 ± 34,749.6	0.585			
MGP/BMP-2	$2,505.7 \pm 1,541.4$	$3,260.2 \pm 1,487.1$	3,126.7 ± 1,359.6	0.209			

Chi-square test, MGP/BMP-2: MGP/BMP-2 levels ratio

### Table 3. Correlation of 8-isoprostane, BMP-2, MGP and MGP/BMP-2 levels ratio with AAC score in each group.

			AAC Score						
Variable	Total Samples (n=63)		0 (n=40)		1-6 (n=14)		≥7 (n=9)		
	r	р	r	р	r	р	r	р	
8-isoprostane (pg/ml)	0.150	0.121	-	-	0.030	0.460	-0.077	0.422	
BMP-2 (pg/ml)	-0.127	0.160	-	-	-0.238	0.207	-0.110	0.389	
MGP (pg/ml)	0.151	0.118	-	-	-0.207	0.238	0.608	0.041*	
MGP/BMP-2 ratio	0.279	0.013*	-	-	0.074	0.401	0.287	0.227	

Spearman correlation test, MGP/BMP-2: MGP/BMP-2 levels ratio

### Table 4. Correlation of 8-isoprostane with MGP, BMP-2 and MGP/BMP-2 levels ratio in each group.

	8-isoprostane (pg/ml)									
	Total Samples – (n=63)		AAC Score							
Variable			0 (n=40)		1-6 (n=14)		≥7 (n=9)			
	r	p	r	р	r	p	r	р		
BMP-2 (pg/ml)	0.266	0.018*	0.146	0.185	0.661	0.005**	0.339	0.186		
MGP (pg/ml)	0.410	0.000**	0.499	0.001**	0.569	0.017*	-0.203	0.300		
MGP/BMP-2	0.096	0.227	0.291	0.034*	-0.147	0.308	-0.390	0.150		

Spearman correlation test, MGP/BMP-2: MGP/BMP-2 levels ratio, \*p<0.05, \*\*p<0.01

#### Table 5. Univariate and multivariate logistic regression analysis

Variable	ι	Jnivariate Analys	is	Mu	Multivariate Analysis			
variable	OR	95% CI	р	OR	95% CI	р		
8-isoprostane (pg/ml)	1.476	0.527 - 4.137	0.459	1.683	0.303 - 9.355	0.552		
BMP-2 (pg/ml)	0.696	0.248 - 1.953	0.491	1.148	0.212 - 6.225	0.873		
MGP (pg/ml)	1.589	0.565 - 4.465	0.380	0.649	0.103 - 4.081	0.645		
MGP/BMP-2	3.231	1.111 -9.393	0.031	12.436	1.595 - 96.971	0.016		

Logistic regression analysis, MGP/BMP-2: MGP/BMP-2 levels ratio, OR: odds ratio, CI: confidence interval

of 8-isoprostane, BMP-2 and score AAC had an abnormal distribution, thus non parametric tests were used for data analysis (data not shown).

Table 2 shows the biochemical characteristics of subjects that were stratified into 3 groups. Although no statistically significant differences were noted for all variables among groups, we found that concentrations of MGP and MGP/BMP-2 levels ratio were higher in AAC score 1-6 group than in AAC score 0 and  $\geq$ 7 groups.

Age, duration of haemodialysis and acute inflammation status were independent risk factors that could be affected on the research variables. However, the Spearman correlation test showed that there was no correlation of those risk factors with all variables, except correlation between acute inflammation status represented by high-sensitivity C-reactive protein (hsCRP) and 8-isoprostane levels (data not shown).

Table 3 shows significant correlation between AAC score and MGP/BMP-2 levels ratio in the total samples (r=0.279, p=0.013), and also with MGP in AAC score  $\geq$ 7 group (r=0.608, p=0.041).

Spearman correlation test (Table 4) showed significant correlation between 8-isoprostane and BMP-2 in the total samples (r=0.266, p=0.018) and in AAC score 1-6 group (r=0.661, p=0.005). There were also significant correlation between 8-isoprostane and MGP in the total samples (r=0.410, p≤0.001), in 0 (r=0.499, p=0.001) and in AAC score 1-6 groups (r=0.569, p=0.017).

Univariate and multivariate logistic regression analyses (Table 5) showed that MGP/BMP-2 levels ratio (OR: 12.4; 95% CI: 1.595-96.971, p=0.016) was a strong predictor for the occurance of vascular calcification in CKD.

### Discussion

Vascular calcification is a form of ectopic mineralization which arises from deposition of calcium and phosphate in major arteries and cardiac valves. The incidence of vascular calcification is positively correlated with high mortality and morbidity rate for CVD, this is due to the formation of hydroxyapatite crystals in the distinct layers of blood vessels that is responsible for increased stiffness and decreased compliance of arterial walls. The most severe form of calcific vasculopathy is medial calcification that is observed in ESRD which occurs in the tunica media, the layer that supplies mechanical strength and contractile power. It is a necrotizing condition triggered by the exposure to increased oxidative stress and a condition with inflammation that are characteristic of the uremic milieu and negatively affect

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the endothelial function. In the past vascular calcification was thought to be an entirely "passive" process and this meant that any therapeutic strategy would not have been able to reverse or, at least, slow it down. Recent studies have pointed out that ectopic calcification instead is a highly regulated cell-mediated process which shares many similarities with the physiological mineralization in the bone. The key cellular effectors of mineralization within the vascular wall are the osteoblast-like cells derived from VSMCs differentiation. In transformed VSMCs, several osteoblast-specific genes become activated, and the cells acquire the ability to synthesize bone-specific extracellular matrix, to accumulate bone-specific minerals, and to form bone-specific tridimensional structures or hydroxyapatite crystals.(12) Several stimuli induce VSMCs to undergo osteogenic differentiation, including oxidative stress, BMPs or changes in pyrophosphate levels.(3)

Plasma 8-isoprostanes as an in vivo oxidative stress is derived from oxidative modification of arachidonic acid. Previous studies showed patients on long-term haemodialysis might be under increased oxidative stress caused by either haemodialysis or renal failure.(5) The previous studies demonstrated oxidative stress enhanced differentiation of calcifying vascular cells and inhibited differentiation of bone cells.(13) Other studies also showed a strong relationship between concentrations of circulating F2-isoprostanes and the early development of coronary artery disease as measured by coronary artery calcium (CAC).(14) In our study, we examined weak positive correlation between 8-isoprostane level and AAC score (r=0.150, p=0.121), which could be explained that there were many other risk factors instead of oxidative stress that could also have affected the severity of calcification in CKD, including age, duration of haemodialysis, diabetes mellitus and hypertension. However, we found a positive correlation between 8-isoprostane with BMP-2 (r=0.266,  $p \le 0.05$ ) and MGP levels (0.410,  $p \le 0.001$ ) in all total subjects. In the subject group with early calcification (AAC score 1-6), but not in the group with extended calcification (AAC score  $\geq$ 7). it also showed a positive correlation between 8-isoprostane with BMP-2 (r=0.661,  $p \le 0.01$ ) and MGP levels (r=0.569,  $p \le 0.05$ ). This latter finding may also explain that the role of oxidative stress in calcification occurs via promoting the expression of mineralization regulators including MGP and BMP-2, and enhancing differentiation of VSMC to become an osteoblastic phenotype.

Artery wall calcification associated with atherosclerosis frequently contains fully formed bone tissue including marrow. BMP-2 a potent factor for osteoblastic differentiation was found to be expressed in calcified human atherosclerotic plaque.(15) BMP-2 secretion is progressively increased in bovine VSMCs during mineralization and uremic serum enhances its secretion. It is likely that both *Cbfa1* and BMP-2 may be more critical in the initiation of osteoblast-like cell phenotypic change of uremic-serumtreated bovine VSMCs, but thereafter, other factors are also important in the continuation of the calcification.(16)

MGP is an extracellular matrix protein with wide tissue distribution detectable in the normal blood and in calcified atherosclerotic plaques. Its main sources are cartilage and the vessel wall where it is synthesized by chondrocytes and VSMCs, respectively. Its function is to inhibit medial calcification of arteries and thereby to protect the normal environment in the vascular wall.(17) The mechanisms remain unclear. At least two mechanisms could account for those mechanisms, first, MGP binds calcium ions and hydroxyapatite via its five  $\gamma$ -carboxylated glutamic acid (Gla) residues, second, MGP has been shown to modulate the biological activity of the TGF- $\beta$  superfamily members such as BMPs.(18)

in vitro study conducted by Zebboudj, et al., showed MGP has been demonstrated to exert dose-dependent inhibitory effect on osteoblastic differentiation through interference with binding of BMP-2 to its receptor. It provided evidence that MGP is a regulatory protein for BMP-2. MGP has a dose-dependent effect on BMP-2 induced osteoblastic differentiation in M2 cells. Relative low levels of MGP to BMP-2 (less than 1-fold) result in mild enhancement of BMP-2 activity. Intermediate levels (~1–15-fold) result in inhibition and high levels (above 15fold) result in strong enhancement of BMP-2 activity. When the levels of MGP exceeded 12–15-fold relative to BMP-2, there would be a trend of increased osteoinduction in ALP assay and decreased binding of BMP-2 to whole cells and matrix. In large excesses of MGP (20-80-fold) relative to BMP-2, there is a strong enhancement of the osteoinductive effect of BMP-2 and a corresponding activation of Smad1. One possible explanation for this phenomenon may be saturation of association sites.(9)

However, other studies have shown MGP significantly increased in patients with severe atherosclerosis. Higher MGP could therefore be a positive indicator for the prognosis due to its function as an inhibitor of medial calcification of arteries and may indicate progressing media and intima calcification processes. Moreover, these processes were paralleled by increased inflammation, which may reflect an initial event very early in the process that leads to calcification.(17) A study conducted by Proudfoot, *et al.*, also showed VSMCs in calcifying cells expressed high levels of MGP mRNA. It is possible MGP becomes immobilized in the nodular calcifying cells and is unable to clear calcium into the external medium. The increase in MGP mRNA in the nodular cells may be due to the cells' detection of an accumulation of calcium and a feedback mechanism for production of additional MGP.(19)

Our study results showed the mean of MGP was higher in AAC score 1-6 group than in the other groups, although statistically not significant, it might indicate that calcification process in the media and intima was accelerated due to its function as an inhibitor of medial calcification of arteries at the early phase of calcification. There was significant correlation between AAC score and MGP/BMP-2 levels ratio in the total CKD samples (r=0.279, *p*=0.013) and with MGP in AAC score  $\geq$ 7 group (r=0.608, *p*=<0.05). Univariate and multivariate analyses in our study also showed that MGP/BMP-2 levels ratio (OR: 12.4, 95%CI: 1.595-96.971, *p*=0.016) was a strong predictor for vascular calcification events.

Overall results of this study suggested that 8-isoprostane as an oxidative stress may be one of the contributors to the accelerated vascular calcification events associated with CKD via enhancing osteogenic regulator both inhibitor and promoter calcification. The highest mean of MGP level at the AAC score 1-6 group may indicate as a feedback mechanism of cells to produce additional MGP to clean up excessive calcium and also indicate that media and intima calcification still progresses in the early phase of calcification. Positive correlation between MGP/ BMP-2 levels ratio with severity of calcification suggested that increased levels of MGP exceeding relative to BMP-2 indicate larger excess of MGP relative to BMP-2, the stronger enhancement of the osteoinductive effect of BMP-2 which could also induce differentiation of VSMC to an osteoblastic phenotype.

Vascular calcification in this study was determined as AAC measured using a lateral abdominal X-ray as described by Honkanen, *et al.*, and Belassi, *et al.*(10,11) The X-ray was less sensitive than Computed Tomography (CT)-based technique, hence it is one of the limitations of this study. Further studies using more sensitive technique to assess vascular calcification and involving more eligible number of samples are required to provide more valuable information about relationships between oxidative stress and osteogenic regulator with vascular calcification in CKD. This approach might prove to be a useful tool that would compliment strategy in pharmacologic therapy of vascular calcification in CKD.

### Conclusion

We concluded that regulators of calcification including inhibitor and promoter of calcification related to oxidative stress are associated with vascular calcification in CKD. We found that MGP level increased in the early phase of calcification and MGP/BMP-2 levels ratio was a strong predictor for vascular calcification in CKD.

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