

## The Comparative Study of Papain Enzyme from Papaya Fruits California variant and Indonesian Local variant

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### ARTICLE INFO

#### Article history:

Received date :23 May 2017

Revised date : 29 May 2017

Accepted date:13 June 2017

Available online at :

<http://inajac.lipi.go.id>

#### Keywords:

Protease enzyme, isolation, papaya latex, california var., local var.

### Abstract

Papain (E.C.3.4.22.2) is a proteolytic enzyme which has important role due to its diverse uses in textile, pharmaceuticals, cosmetics and food industries. Papain enzyme can be found in almost all parts of the papaya plant and most of the stem and fruit. The objective of this study is to compare the California var. and Indonesian local var. of papaya fruits, in papain production and also to characterize the enzyme properties. Results showed that the highest yield of crude papain was obtained from local papaya latex (24.87%) which precipitated by ethanol with ratio of 1:2. The highest of activity enzyme, soluble protein and specific enzyme activity obtained from the local papaya were  $3154 \pm 11.31$  unit/mL, solubility protein of  $0.94 \pm 0.08$  mg/mL and spesific enzyme activity of 3355.32 unit/mg protein, respectively. The activity of enzyme fraction F7 obtained from purification by DEAE sepharose column was 202.33 U/mL dan the molecular weight of this fraction was between 17-28 kDa.

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## 1. INTRODUCTION

Papaya (*Carica papaya*) is a common fruit grown in tropical region in the world [1]. Papaya tree is a native plant from Central of America and it is known well for health of human body. Papaya is rich of antioxidant (vitamin C, vitamin A and vitamin E); the minerals, folate acid and fiber [2]. Papaya plant has the important role in producing papain enzyme. It is the most important species and generally grown from seeds for consumption as a commercial fresh fruit [3]. Papaya contains rich papain enzyme, present in the fruit, latex, stem and leaves [4,5]. Papain is a natural proteolytic enzyme from the cysteine proteinase family [6]. Protease is the single class of enzymes which the utilization of papain is generally used in manufacture of sugar syrup liquid from starch, clotting dairy (cheese), meat tenderizer, leather, paper and pulps, cosmetic, stabilizer (beer), pharmaceutical industry, cosmetics, detergents, textile, and production of peptides

[7,8,9]. It is also used in antihelminthics, relieves dyspepsia, cures diarrhea, pains of burns and topical use, bleeding haemorrhoids, stomachic, and whooping cough [2].

Papain is an endolytic plant cysteine protease which is isolated from *papaya* latex [10]. The latex is source of cysteine endopeptidase including papain, chymopapain, glycyl endopeptidase and caricain, which constitute more than 80% of the whole enzyme fraction [11]. Papain (E.C.3.4.22.2) is a simple and a cysteine protease enzyme which contains 212 asam amino acid residue chains with a molecular mass of 21.000–23.000 g/mol or 23.406 Dalton [12,13,14] and its optimum pH maximum activity is around 6.0 to 7 [15]. Papain consists of a single polypeptide chain with tree disulfide bridges and sulfhydryl group for activity of the enzyme [15].

*Carica papaya* contains many biologically active compounds, among others chymopapain and papain, it supposed to help digestion system [16] and it can be investigated for

antibacterial activity againsts some human pathogenic bacteria [15]. It is reported that papaya latex has ability as antibacteria material and anti inflamantion [16]. Some existing research among others, are papain, a plant enzyme of biological importance: a review [17], traditional medicinal uses of carica papaya [2], comparative analysis of papain different varieties of papaya plant latex [6], chemical composition of carica papaya flower (paw-paw) [17], evaluation of dryer techniques measuring proteolytic activity of papain obtained from unripe fruit skin juice [18]. A similar extraction method has been carried out using *carica papaya*, however the research was focus on the purification enzyme using california var local and local var.

The objective of this study is to compare the California var. and Indonesian local var. of papaya fruits in papain enzyme production and also to characterize the enzyme properties.

## 2. EXPERIMENTAL SECTION

### 2.1. Materials and Instrument

Papaya latex was harvested directly from California var. and local var. of papaya fruits at a papaya farm in Bandung, Indonesia.

### 2.2. Methods

#### 2.2.1. Extraction of Papain Enzyme

The papain enzyme from papaya latex was extracted by modification of Hitesh Pates et. al., and Margarita M.A.-Mahecha methods [13,14]. Latex of papaya was obtained from papaya raw fruits, the process itself is preceded by making incisions vertical direction from top to bottom with 2-3 mm of depth and 2 cm distance between each incision. Tapping process is limited only 5 fruits a day and placing container before all process is begin to collect latex. The latex was collected in a beaker glass and water diluted at ratio of 1:10 (w/v), added 0,5 % of sodium metabisulfite (w/w) and storage at -5 °C till further used. The prepared papain enzyme was then heated and stirred until 75 °C and cooled to 30 °C, pH of enzyme was adjusted to pH of

6.3. Furthermore, the enzyme was added with 1 % of Na- EDTA and homogenized for 15 minutes. Enzyme solution was precipitated with 10 % of ethanol and filtrated by using a vacuum filter. The precipitation of enzyme was continued by adding with ethanol (ratio 1:2 and 1:3) and placing at 4 °C for overnight. The precipitated enzyme was then centrifuged at 7000 rpm for 10 minutes. Papain extract was determined the enzyme activity and soluble protein content.

#### 2.2.2. Purification of Papain Enzyme

The purification of papain enzyme was carried out by Bollag *et al* [18] method. 1 gram of papain extract was dialyzed by a dialysis tubing for 4 hours. DEAE sepharose column was prepared by adding the DEAE sepharose in 1 µM of buffer Tris to a 5 mL column. Fractionation of papain was carried out by elution with 0.0 M, 0.05 M, 0.1 M, 0.2 M and 0.5 M of NaCl in buffer tris pH 8.5. Each fraction was pooled in a tube and the absorbance was measured at 280 nm.

#### 2.2.3. Molecular Weight Analysis

Sodium dodecyl sulphate – polyacrylamide gel electrophoresis (SDS-PAGE) was done on all samples and protein marker on a discontinuous buffer system according to Laemmli in Bollag et al. method [18]. 20 µL of each sample was added with 40 µL of sample buffer. Samples were placed in a foam rack and placed in a beaker of boiling water for 4 min. The prepared polyacrylamide gel was placed in an electrophoresis unit. Running buffer was filled at the upper buffer chamber of the gel until the buffer reaches halfway between the tops of the short and long glass plates. 5 µL of standard protein markers and 25 µL of each of samples were added to the polyacrylamide gel. Electrophoresis was conducted at a constant 200 V for 30 minutes. The gel was removed and placed in staining solution.

#### 2.2.4. Determination of Papain Activity

Papain activity was determined by using the modification of Afaq, S. and Iqbal, J. methods [19]. 1 mL of casein 2% was mixed with 2 mL of phosphate buffer 0,1 M pH 7,0 and

incubated at 50 °C for 5 minutes. This solution was added with 0.5 mL of papain sample and incubated at 50 °C for 20 minutes. The reaction was stopped with addition of 1 mL of TCA 20 % and incubated at 50 °C for 20 minutes. Control sample solution was prepared by the addition of 50 µL L-cystein chloride with 2 mL of phosphate buffer 0,1 M pH 7,0, 0.5 mL of papain sample and 1 mL of TCA 20 % and incubated at 50 °C for 20 minutes. This solution was added with 1 mL of casein 2 % and incubated at 50 °C for 20 minutes. Tyrosine (0-450 µg/mL) was used as the standard solution. The sample and control sample were centrifuged at 4 °C, 6.000 rpm for 10 minutes and the absorbance of supernatant was measured by a spectrophotometer UV-Vis at 280 nm. The unit activity of papain enzyme was calculated based on µg tyrosine per g of enzyme.

#### 2.2.5. Determination of Soluble Protein Content

Soluble protein content was analyzed by using the modification of Lowry method.<sup>[20]</sup> 0.5 ml of latex extract was added to a reaction tube and mixed with 5 ml of solution C (50 ml of Lowry A and 1 ml of Lowry B solution), then incubated at room temperature for 30 minutes. The sample solution was mixed with 0.5 ml of Folin reagent 1 N and the absorbance was measured by a spectrophotometer UV-Vis at 500 nm. A series concentration of bovine serum albumin (BSA) was used for standard curve of protein.

### 3. RESULTS AND DISCUSSION

The total weight of latex from each papaya sample is 30 gram, it was obtained from each five papaya fruits. To compare the yield of papain from California var. and Local var. latex, papain from papaya latex was precipitated by ethanol with ratio 1:2 and 1:3. The yield of crude papain was determined and the results was shown on Table 1.

**Table 1.** The yield of crude papain from California var. and Local var. of papaya Latex

Sample	Weight of Latex (g)	Crude papain (g)		Yield (%)	
		1:2	1:3	1:2	1:3
Local var.	15	3.73	2.92	24.87	19.47
California var.	15	1.6	2.2	10.67	14.67

As shown on Table 1, the highest yield of crude papain was obtained from local var. papaya latex (24.87 %) which precipitated by ethanol with ratio 1:2. The yield of crude papain was influenced by the solubility of protein in ethanol. During the ethanol addition, there is an interaction between ethanol and water that causes the occurrence of white precipitation and the solubility of papain decreased [21]. Basic principle of precipitation with ethanol is lowering the dilution level of protein to solvent. Mahecha, et.al. [14] reported that latex: alcohol ratio and drying method was important factor in papain extraction from latex of *Carica papaya* L. cv. Maradol.

Before purification, papain from papaya latex was extracted by several treatments to separate the impurities that contained in papaya latex. Papain extract was analyzed for the activity of papain enzyme, soluble protein content and specific enzyme activity. The activity of papain enzyme was determined based on Afaq, S. and Iqbal, J. methods which calculated based on µg tyrosine per g of enzyme [19]. One unit protease activity (U) defined as the amount of enzyme needed to produce one µg tirosin/minute of enzyme solvent from casein substrate on the test condition. Meanwhile, specific enzyme activity was defined as a unit protelitic activity per miligram protein. Value specific enzyme activity was obtained by deviding enzyme activity unit with amount protein contained in the extract. The results are presented on Table 2.

**Table 2.** Analysis data of enzyme activity of California and Local Papaya Latex

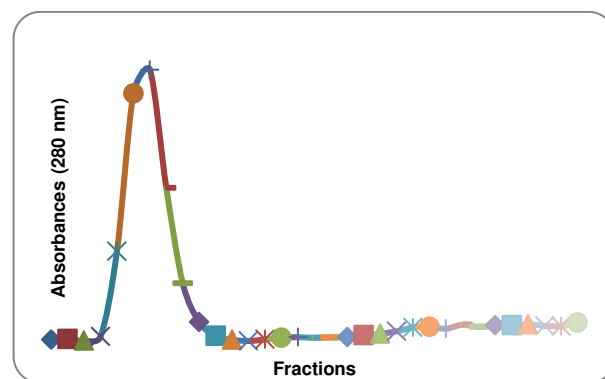
Samples	Ratio Filtrat:Etanol	Enzyme Activity (U/mL)	Soluble Protein (mg/mL)	Specific Enzyme Activity (U/mg)
Local var.	-	678 ± 36.78	1.685 ± 0.06	402.37
	1:2	3154± 11.31	0.940 ± 0.08	3355.32
	1:3	490 ± 2.83	1.912 ± 0.2	256.28
California var.	-	396 ± 42.43	4.082 ± 0.03	97.01
	1:2	1203 ± 84.85	0.428 ± 0.03	2810.75
	1:3	858 ± 86.27	0.382± 0.04	2246.07

Note : The Data was presented in means ± SD

On Table 2 shows that there is increasing enzyme activity after precipitation ethanol compare to crude enzyme, as well as spesific enzyme activity. The highest of activity protease enzyme, soluble protein and activity specific content are obtained from the local papaya with the treatment comparison filtrate and ethanol of 1:2. The results are  $3154 \pm 11.31$  unit/mL, solubility protein of  $0.94 \pm 0.08$  mg/mL and specific enzyme activity of 3355.32 unit/mg protein, respectively. It is assumed that enzyme isolated from different sources will resulted in different activity of enzyme as well. As comparition, other research by Jeana S. Macalood, et.al. [22] reported that protease activity at pH 5.5 is 2655 units/g and pH 9.0 protease activity is 28 units/g, (crude papain). Rifah Hestyani A., et al. [23] also reported the proteolytic activity of papain from varieties of Calina was of 687 u/g.

Based on the data, the highest yield of crude papain and specific enzyme activity was obtained from local papaya with ratio 1:2. This sample was then followed by the purification step. Before to purification process, papain enzyme was dialyzed by using a cellophane tube. Dialysis process is a process to separate a bigger molecules on the solution or solvent using a semi-permiable membrane that only could be passed by smaller molucles [23]. The purification of papain enzyme was carried out by using a DEAE sepharose column and eluted gradiently with NaCl in buffer tris pH of 8.5.

This purification is based on ion exchange principles which permits the protein to bind even when a large buffer volume is applied, making this method useful for an initial purification step from a crude extract. The chromatogram of papain purification is presented in Figure 1.

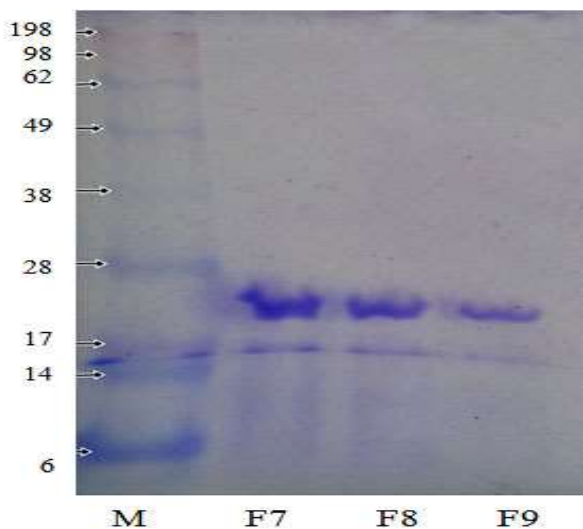


**Figure1.** Chromatogram of papain purification by using DEAE sepharose column.

Figure 1 showed that the peak in chromatogram is between fraction 5 to fraction 11 with the highest absorbance at fraction 7 (F7). The purification by ion exchange principles involve some stages, includes the initial stage for equilibration of ion exchanger, sample application and adsorption in which solute molecules carrying the appropriate charge displace counter-ions and bind reversibly to the gel. On final stage, substances are removed from the column by changing to elution conditions unfavourable for ionic

bonding of the solute molecules and removal from the column of substances not eluted under the previous experimental conditions. The enzyme fraction F7 was then characterized its activity and molecular weight. The activity of enzyme fraction F7 was 202.33 U/mL. The data shown that the enzyme activity was lower than that in the crude papain enzymes. We assumed that the complex formation with inhibitors influences to the activity of enzymes. Inhibitors can induce alterations in the results of the catalytic constant and number of sulfhydryl groups per mol papain [24].

Figure 2 shows that SDS PAGE profile of papain enzyme that is obtained from purification process (F7, F8, F9) has a major single band between 17-28 kDa. This indicated that the molecular weight of papain from local papaya is 17-28 kDa.



**Figure 2.** SDS PAGE profile of papain enzyme obtained from purification process by a DEAE Sepharose column. M: protein marker, F7, F8, F9: Fraction 7, 8, 9

Rubens Monti, et.al. [25] reported the pure papain exhibited aparent molecular masses of 21 kDa and the classical papain 21.3 kDa, when G-75 Sephadex was used. By using the methodology in our study, DEAE sepharose can be used for papain purification from papaya latex. Ion exchanger are typically composed of a charge (ion exchange) group attached to an insoluble matrix. A positively charge group, such as DEAE (diethyl amino

ethyl) defines the matrix as an anion exchange matrix [18].

#### 4. CONCLUSION

The highest yield of crude papain was obtained from local var. of papaya latex (24.87%). The highest of enzyme activity, soluble protein and specific enzyme activity are obtained from the local papaya at  $3154 \pm 11.31$  unit/mL, solubility protein of  $0.94 \pm 0.08$  mg/mL and spesifik enzyme activity of 3355.32 unit/mg protein, respectively. The activity of enzyme fraction F7 obtained from purification by DEAE sepharose column is 202.33 U/mL dan the molecular weight of this fraction is between 17-28 kDa.

#### ACKNOWLEDGMENT

This work was supported under Indepently Project of Research Unit for Clean Technology year 2016.

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