A systemic review on efficacy of homoeopathic medicines in tinea infections (Ringworm)

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Abstract---Homoeopathic cure is based on law of similar, and selection of remedy is based on Constitutional approach in management of any disease. Where the modern system of medicines makes the usage of external application like ointments, fungicides etc. In treatment of any skin infections like ring worm or tinea infections, which leads to suppression or palliation. So the disease tends to recur often and becomes a chronic disease. Removal of local symptoms of the local direction by external application leads to rousing up the internal disease and the other symptoms that previously existed in a latent state side by side with the local affection. So there is a wide scope for proper management and treatment of Tinea corporis in Homoeopathy. As in our system of medicine we do not treat the disease but we treat the individual who is suffering. Through individualization with constitutional remedy (Approach) we can treat both acute as well as the chronic phase of disease, to prevent further recurrence and complications of the disease. 9 articles were collected which are related to the efficacy of homoeopathic medicines in tinea infections. All these articles were collected from various database, year and publishers that is from 2017 to 2021 from the database like Google scholar. All these articles supported the efficacy of homoeopathic medicines in Tine infections (Ringworm)

Keywords---tinea infections, constitutional approach, homoeopathic medicines, suppression, palliation, external applications.

Introduction

The term tinea means fungal infection, whereas dermatophyte refers to the fungal organisms that cause tinea. Tinea is usually followed by a Latin term that designates the involved site, such as tinea corporis, tineacapitis, tineacruris
and tinea pedis. Tinea infections can be difficult to diagnose and treat. \[1\] Tinea refers to superficial infection with one of three fungal genera Microsporum, Epidermophyton and Trichophyton: - collectively known as dermatophytes. These infections are among the most common diseases worldwide and cause serious chronic morbidity. \[2\] All three genera of dermatophytes grow in keratinized environments such as hair, skin, and nails. \[3\] Tinea cruris most commonly affects adolescent and young adult males, and involves the portion of the upper thigh opposite the scrotum. \[4\] Tinea cruris present with a pruritic erythematous rash with an active scaly palpable edge within which pustules or vesicles may be seen. The infection spreads centrifugally and results in annular patches of varying sizes. \[5\] Tinea corporis, tinea cruris, and tinea pedis can often be diagnosed based on appearance. Newly developed polymerase chain reaction based techniques, although useful in rapid diagnosis of dermatophytosis, are still not widely available. \[6\] Skin problems are among the commonest reasons for which people seek Homoeopathic treatment. This systemic review study on efficacy of homoeopathic medicines in tinea infections represents the importance of efficaciousness of homoeopathic medicines in management or treatment of various types of tinea infections.

**Methodology**

Articles were collected from the database like google scholar from 2017 to 2021 by including key words like:- Tinea infections, Constitutional approach, Homoeopathic Medicines, Suppression, Palliation, External applications. Analyses of various articles, methodology drugs materials used and statistical analyses various studies (see table no 1).

<table>
<thead>
<tr>
<th>Slno</th>
<th>Author</th>
<th>Name of the journal</th>
<th>Title of the article</th>
<th>Year of publication</th>
<th>Drug materials</th>
<th>Statistical analyses</th>
<th>conclusion</th>
<th>reference</th>
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<tbody>
<tr>
<td>1</td>
<td>Renu Bala Amit Srivastava</td>
<td>International journal of health sciences and research</td>
<td>Constitutional treatment of tinea cruris in homoeopathy A case report</td>
<td>Dec 2019</td>
<td>Sulphur was used as a constitutional remedy</td>
<td>Paired t test was used.</td>
<td>It was concluded that constitutional remedies are effective</td>
<td>7</td>
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<td>2</td>
<td>Yogeshwaigupta Soniya tuteja, ankita acharya, vikrant tripathi</td>
<td>International Journal of Advanced Ayurveda, Yoga, Unani,</td>
<td>Effectiveness of Homoeopathy in Tinea corporis and Tinea cruris</td>
<td>12 March 2021</td>
<td>Sulphur was used mostly. Bacilliu m and natrurmm ur also</td>
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<td>8</td>
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<td>3</td>
<td>Uma bharati</td>
<td>internet</td>
<td>Study the efficacy of homoeopathic medicines for the treatment of dermatophytosis</td>
<td>2 Dec 2017</td>
<td>sulphur</td>
<td>Paired t test was used</td>
<td>The study has proved that homoeopathic medicines are effective in treatment of dermatophytoses</td>
<td></td>
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<td>4</td>
<td>Dr Sushmita Mudenur</td>
<td>internet</td>
<td>Tineacorp oris and homoeopathic management: a case report</td>
<td>13 march 2020</td>
<td>sepia</td>
<td>Tinea can be successfully treated with homoeopathic medicine.</td>
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<td>5</td>
<td>Dr Siddhartha Pal, S. Seetha Laxmi</td>
<td>international journal of ayush case reports</td>
<td>An evidence based homoeopathy management in tineacororis- A case report</td>
<td>28 sept 2021</td>
<td>tellurium</td>
<td>This case report shows the positive effect of individualized homoeopathic treatment in tinea corporis.</td>
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<tr>
<td>6</td>
<td>Dr Seema Gupta, Dr Pooja Jain</td>
<td>International journal of homoeopathic sciences</td>
<td>Role of homoeopathic medicines in tineacororis- a case</td>
<td>4 jan 2019</td>
<td>Rumex crispus</td>
<td>This case study shows that homoeopathy has an</td>
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Results

From the study of 9 articles all articles supported and proved the efficaciousness of homoeopathic medicines in management of various types of tinea infections.
Discussion

In this review of various articles towards the efficaciousness of homoeopathic medicines in the treatment or management of various types of tinea infections (Ringworm) from 2017 to 2021. Showing that various homoeopathic drugs are there to treat various types of tinea infections effectively. Therefore it was concluded the efficacy of homoeopathic medicines in tinea infections.

Conclusion

Throughout the whole review literature, it was concluded that homoeopathic medicines are effective in treatment or management of various types of tinea infections.

Conflict of interest

Author does not want to show any conflict of interest.

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References


