http://journal.umpalangkaraya.ac.id/index.php/bjop/article/view/1870 DOI: https://doi.org/10.33084/bjop.v4i2.1870

e-ISSN: 2621-4814

Research Article

# Antimicrobial Activity of Ethanolic Extract of Sempur (*Dillenia* suffruticosa (Griff.) Martelli) Leaves against Pathogenic Microorganisms

Vilya Syafriana\*

Amelia Febriani

Suyatno

Nurfitri

Fathin Hamida

Department of Pharmacy, Institut Sains dan Teknologi Nasional, South Jakarta, Jakarta Capital Special Region, Indonesia

\*email: v.syafriana@istn.ac.id

## Keywords:

Antimicrobial Dillenia suffruticosa Ethanol Maceration Sempur leaves

## Abstract

Sempur (Dillenia suffruticosa) leaves are known as a traditional medicine for the people of Bangka-Belitung Island. The local people empirically utilize the boiled water of D. suffruticosa leaves as antidiarrhea. However, the antimicrobial activity of the ethanol extract of D. suffruticosa leaves has not been reported. This study aims to determine the antimicrobial activity of the ethanol extract of *D*. suffruticosa leaves against several microorganisms: Staphylococcus aureus as Gram-positive bacteria, Escherichia coli as Gram-negative bacteria, and Candida albicans as fungi. Extraction was carried out by maceration method with 70% ethanol, then screened for phytochemical constituents. The antimicrobial test was carried out by the disc diffusion method using Nutrient Agar (NA) for bacteria, and Sabouraud Dextrose Agar (SDA) for fungi. The results of phytochemical screening showed that the ethanol extract of D. suffruticosa leaves contained alkaloids, flavonoids, tannins, and saponins. The antimicrobial test showed that the extract of D. suffruticosa leaves could inhibit the growth of S. aureus at concentrations of 10%, 20%, and 40% were 8.35±0.05; 9.34±0.32; and 10.52±0.22, respectively. The ethanol extract of D. suffruticosa leaves could inhibit the growth of S. aureus, whereas E. coli and C. albicans did not show any activity.

Received: December 4th, 2020 Accepted: February 19th, 2021 Published: May 30th, 2021



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# INTRODUCTION

Indonesia is an archipelago country consisting of more than 17.000 islands. Indonesia's geographic and historical conditions make this country one of the countries with high biodiversity, otherwise known as mega biodiversity<sup>1,2</sup>. This immense biodiversity has the potential for nutritious and medicinal plants. The World Conservation Monitoring Centre from the UN has reported that Indonesia is an area where various types of medicinal plants are found, with 2.518 species of plants that have been used<sup>3</sup>.

One of the medicinal plants known in Indonesia is the Dilleniaceae family. Dilleniaceae is native to tropical and warm-temperate regions such as Asia, Australia, and the Indian Ocean Islands<sup>4,5</sup>. Dilleniaceae are known for their edible fruit and medicinal applications, such as for arthritis, dysentery, diabetes, gastrointestinal disorder, and wound healing<sup>6</sup>. The most investigated species for its potential as medicinal plants from this family is *Dillenia indica*. At the same time, there are many other species that also potential. One of it is *Dillenia suffruticosa*<sup>4,7</sup>.

Dillenia suffruticosa has few local names such as sempur, simpor, simpoh, simpur air, and simpur bini<sup>4,8-11</sup>. The name sempur is derived from the hissing sound when the trunk

tree is cut4. However, most residents in Indonesia call it sempur. Dillenia suffruticosa is a native Asian plant that grows in tropical forests from Malaysia, Indonesia, the Philippines, and Brunei Darussalam. Dillenia suffruticosa in Indonesia can be found in Sumatra and Kalimantan (Borneo) Islands. Local societies in Brunei and Malaysia are used D. suffruticosa leaves to promote wound healing, treat fever, and relieve rheumatism8,9. The people in Bangka-Belitung, Sumatra, usually used the boiled water of D. suffruticosa leaves to treat diabetes mellitus<sup>10</sup>. Besides that, the local community also used boiled water of *D*. suffruticosa leaves as an anti-diarrhea. However, the study of this potential plant against pathogenic microorganisms is still underreported, and none of the studies reported using ethanol solvents.

Research on the activity of *D. suffruticosa* leaves against pathogenic microorganisms was reported by Wiart et al<sup>12</sup>. They reported that methanol extract of D. suffruticosa leaves was inhibited the growth of Bacillus cereus, Bacillus subtilis, Pseudomonas aeruginosa, and Candida albicans. However, it did not affect the growth of Escherichia coli and Staphylococcus aureus. Otherwise, Yakop et al<sup>11</sup>. reported that the methanol extract of D. suffruticosa leaves could inhibit S. aureus but did not affect B. subtilis, E. coli, and P. aeruginosa. Another research showed an antifungal activity from D. suffruticosa leaves extract with methanol, acetone, and chloroform against Colletotrichum gloeosporioides<sup>13</sup>. According to Goh et al.9, the cytotoxic activities of this plant could be attributed to the presence of phytochemicals such as saponins, triterpenes, sterols, and polyphenols compounds. However, more studies should be performed to validate their traditional uses for such diseases fully.

This research was conducted to explore the antimicrobial activity of *D. suffruticosa* leaves extract against several pathogenic microorganisms. This research used 70% ethanol as a solvent since its lower toxicity than

methanol<sup>14</sup>. The tested microorganisms were *S. aureus* (Gram-positive bacteria), *E. coli* (Gram-negative bacteria), and *C. albicans* (Fungi).

## MATERIALS AND METHODS

#### Materials

The materials used include *D. suffruticosa* leaves, Nutrient agar (NA), Sabouraud Dextrose agar (SDA), distilled water (Brataco), 70% ethanol (Brataco), FeCl<sub>3</sub> (Merck), Wagner's reagent, Mayer's reagent, Dragendorff's reagent, ammonia (Merck), acetic acid anhydride (Merck), NaNO<sub>2</sub> (Merck), AlCl<sub>3</sub> (Merck), HCl (Merck), chloroform (Merck), H<sub>2</sub>SO<sub>4</sub> (Merck), DMSO, immersion oil, crystal violet (Merck), safranin, Lugol's iodine, 0.9% NaCl, blank antimicrobial susceptibility discs (Oxoid), and the antibiotic susceptibility discs of nystatin (Oxoid) and amoxicillin (Oxoid). The main instruments used in this study were analytical balance (Excellent), oven (Memmert), blender (Phillips), autoclave, incubator, vacuum rotary evaporator, hot plate, and laminar airflow.

## Methods

Preparation and extraction of D. suffruticosa leaves

Dillenia suffruticosa leaves were obtained from Pedindang Village, Pangkalan Baru, Central Bangka District, Bangka-Belitung Island. The sample was identified in the Research Center for Plant Conservation and Botanic Gardens, Indonesian Institute of Sciences, Bogor, with report number B-848/IPH.3/KS/VII/2020. The fresh leaves of the *D. suffruticosa* plant were weighed as much as 6 kg were cleaned with clean water from the tap. The leaves were dried for several hours under the sun to avoid moisture after shipping, so it was not easily contaminated by the fungus. After that, the leaves were sorted and chopped (about 2-3 cm) to speed up the drying process. The leaves were dried with a wind-dried method for 15 days<sup>10,15</sup>.

The dried leaves then being crushed using a blender and followed by sieving using mesh 60. The sieving produces simplicia of *D. suffruticosa* leaves powder. This procedure was to gain a homogeneous size of simplicia, so the interaction between the *D. suffruticosa* leaves powders and the solvent would be optimal. Besides, homogeneous size particle could optimize the extraction process<sup>16</sup>.

The D. suffruticosa leaves powder was weighed as much as  $100 \, \mathrm{g}$  then extracted with the maceration method using 70% ethanol as a solvent with a ratio of 1:10. The maceration was done for 24 hours and re-macerated twice with the same procedure. The maceration results were filtered with filter paper. The filtrate was evaporated using the vacuum rotary evaporator until it produces a thick extract<sup>17</sup>.

## Organoleptic observation

The organoleptic observation of ethanolic extract of *D. suffruticosa* leaves aimed to determine the physical form of color, smell, shape, and taste using the senses. This observation includes color checking by looking at the evaporated extract visually, checking the odor by smelling the evaporating extract on filter paper, and checking the taste by dropping extract on the tip of the tongue and then discarding it<sup>18</sup>.

# Phytochemical screening and antimicrobial activity tests

The extract was tested for phytochemical screening in Lux Chemicals Laboratory (Chemicals Product and Chemical Analysis Service), Depok. The screening test included alkaloids (with Mayer's, Wagner's, and Dragendorff's reagents), flavonoids, saponins, tannins, steroids, and triterpenoids<sup>19</sup>. The extract also tested for antimicrobial activity using the Kirby-Bauer Disk Diffusion Susceptibility Test method in Testing Laboratory of Biotechnology Center, Agency for the Assessment and Application of Technology, Serpong<sup>20</sup>. The microorganisms tested were *S. aureus* ATCC 25923

(representative of Gram-positive bacteria), *E. coli* ATCC 25922 (representative of Gram-negative bacteria), and *C. albicans* ATCC 10231 (representative of fungi). The *S. aureus* and *E. coli* were incubated for 24 hours, while *C. albicans* for 48 hours. The differences in incubation time were based on the optimum growth of the microorganisms. Our previous study also used incubation time of 18-24 hours for *S. aureus* and *E. coli* as well as 48 hours for *C. albicans*<sup>21-23</sup>.

## RESULTS AND DISCUSSION

Preparation and yield extract of D. suffruticosa leaves

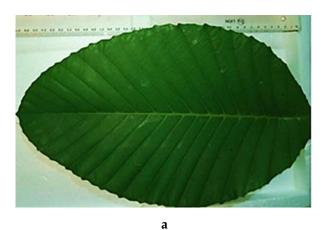
Dillenia suffruticosa leaves were categorized as broad leaves (15-35 cm) in a plant<sup>4</sup>. Due to its enormous size, the leaves were chopped into smaller pieces and consumed about 15 days to gain dried leaves (**Figure 1**). The leaves were dried without direct contact with the sun to avoid damaging compounds, such as thermosensitive polyphenols<sup>24</sup>. According to some references, *D. suffruticosa* leaves contain polyphenols<sup>9,10,15,25,26</sup>. This dried method was suitable with Priamsari *et al.*<sup>27</sup>, which stated that the total flavonoid content was higher in wind-dried leaves than the oven method. It also corresponded with Rivai *et al.*<sup>28</sup>, which proved that the wind-dried method was the optimum method to gain phenolics.

The wind-dried method also had another advantage: retaining chlorophyll, so the sample still looks greenish, not brown<sup>29</sup>. The *D. suffruticosa* leaves powder in this research was showed a greenish color (**Figure 2**). However, this method had limitations, such as time-consuming<sup>27-29</sup>. This could be seen from the drying time, which took more than two weeks. The wind-dried method could take time about 3-7 days to months and up to a year, depending on the types of samples dried<sup>24</sup>.

The extraction method in this research was done by maceration with 70% ethanol as a solvent. Solvents with high polarities, such as ethanol, were pretty efficient to

attract active compounds from plants<sup>30</sup>. Maceration was chosen because it was a straightforward method and could be used to extract thermolabile compounds<sup>31,32</sup>. Hasnaeni *et al.*<sup>33</sup> also reported that the maceration method produced a higher yield than reflux and soxhlet extraction.

The yield of ethanol extract of *D. suffruticosa* leaves was about 65.5% (**Table I**). Yield extract showed some active compounds that are trapped during the extraction process<sup>27,33</sup>. The high percentage yield indicates the high content of the active compounds in a sample. The ethanol extract of *D. suffruticosa* leaves showed a high yield (more than 50%). This was probably due to the influence of the solvent used. The higher the solvent polarity, the yield obtained will also increase<sup>34</sup>.





**Figure 1.** Wide fresh leaves (a) and chopped dry leaves (b) of *D. suffruticosa* 



**Figure 2.** *Dillenia suffruticosa* leaves powder showed greenish color with a wind-dried method

**Table I.** Yield of ethanol extract of *D. suffruticosa* leaves

Dillenia suffruticosa leaves powder (g)	Thick extract (g)	Yield (%)
100	65.5	65.5

# Organoleptic observation

The organoleptic observation involved eight respondents. Each respondent was asked to observe the shape and color of the extract. Other than that, respondents were also asked to smell and taste the extract (Figure 3). The respondents agree that the extract was in thick, blackish-green color, had a distinctive smell of D. suffruticosa leaves, and had an astringent taste (Table II). The findings of organoleptic observations have never been published, so this article was a preliminary report for future studies as a guide.



**Figure 3.** Thick extract of *D. suffruticosa* leaves

**Table II.** Organoleptic observation of *D. suffruticosa* leaves extract

Organoleptic indicator	Observation
Shape	Thick
Color	Blackish-green
Odor	Distinctive odor
Taste	Astringent

## Phytochemical screening

Phytochemical screening was an essential step in uncovering the potential of medicinal plant resources as antibiotics, antioxidants, and anticancer. The compounds contained in the extract were analyzed qualitatively based on the color change reaction with several reagents<sup>35</sup>. The screening results from **Table III** showed that the ethanol extract of *D. suffruticosa* leaves contained alkaloids, flavonoids, tannins, and saponins. Meanwhile, the test for steroids and triterpenoids showed a negative result.

The positive tests of flavonoids, tannins, and saponins were similar to those obtained by Yuningtyas *et al*<sup>10</sup>. The presence of flavonoids and tannins indicates that the ethanol extract of *D. suffruticosa* leaves contains polyphenols<sup>36</sup>. Ethanol was known as a solvent that was best for extracting polyphenols from plants<sup>37</sup>. Besides the flavonoids and tannins, the extract also contains saponins. Saponins were triterpene glycosides that had polar tendencies in their glycosidic bonds<sup>38</sup>. Based on the law of similarity and intermiscibility (like dissolves like), a solvent with a polarity near the polarity of the solute was likely to perform and vice versa<sup>32</sup>. This explains why ethanol as a polar solvent could attract saponin from *D. suffruticosa* leaves.

Another compound found in *D. suffruticosa* leaves extract was alkaloids. This research using three different reagents to test the alkaloid compounds. Two of the tests were showed positive results (Wagner's and Dragendorff's), while Mayer's showed a negative result. Based on Surbakti *et al.*<sup>39</sup>, a sample could contain alkaloids if there were at least two positive qualitative test

results. Meanwhile, Yuningtyas *et al.*<sup>10</sup> reported the opposite; their extract showed negative at alkaloid test. This difference in result probably due to regional differences in sample acquisition. The *D. suffruticosa* leaves were obtained from Pedindang Village, Pangkalan Baru, Central Bangka District, while Yuningtyas *et al.*<sup>10</sup> obtained their sample from Jebus Village, West Bangka District. According to Verma *et al.*<sup>40</sup>, plants from the same species might have differences in the concentration of a particular secondary metabolite. The main factor affecting this phenomenon was the abiotic stress in the plant environment. Different season or different environmental condition could encourage plants to produce specific compounds to survive in the unfavorable condition and to protect against extinction.

**Table III.** Phytochemical screening of *D. suffruticosa* leaves extract

Phytochemical		Results	Conclusion
Alkaloids	Wagner's	A brown	Positive
		precipitate	
		was formed	
	Mayer's	No sediment	Negative
		formed	
	Dragendorff's	A thick red	Positive
		precipitate	
		was formed	
Flavonoids		A red solution	Positive
		formed	
Tannins		A greenish	Positive
		black solution	
		formed	
Saponins		Formed a	Positive
		stable foam	
		after shaking	
Steroids		No blue or	Negative
		green color	
		formed	
Triterpenoids		No red color	Negative
		formed	

# Antimicrobial activity

The antimicrobial activity was done using a Kirby-Bauer disk diffusion method. This method was used to determine the sensitivity or resistance of pathogenic microorganisms to various antimicrobial compounds. The clear zone that appears around the disk was measured as the inhibition zone<sup>20,41</sup>. The results of the antimicrobial activity showed in **Table IV**.

The results in **Table IV** showed that the *D. suffruticosa* leaves extract did not affect the growth of *E. coli* and *C. albicans*. It only affected *S. aureus* growth at concentrations 10%, 20%, and 40%. The result of this study against *S. aureus* was the same as Yakop *et al*<sup>11</sup>. Thus, the result against *E. coli* was the same with Yakop *et al*<sup>11</sup>. and Wiart *et al*<sup>12</sup>. However, the result against *C. albicans* was inconsistent with Wiart *et al*<sup>12</sup>., in which their research showed a growth inhibition zone, while this study did not. The antibacterial activity against *S. aureus* showed a higher inhibition zone along with higher concentrations. The higher the extract concentration, the active substance in the extract increases so that the antibacterial activity would be greater<sup>42</sup>.

The antibacterial activity against *S. aureus* was presumed due to the synergistic mechanisms among chemicals compounds found in extract ethanol of *D. suffruticosa* leaves. Based on the literature, alkaloids were known could intercalate with DNA. In general, alkaloids work with interfering the DNA synthesis<sup>43</sup>. Flavonoids and saponins were work by disrupting the bacterial cell membrane of microorganisms<sup>44</sup>. Meanwhile, tannins act by disturbing the cell protein, either bind and precipitate or shrink proteins<sup>45</sup>. These conjectures were in line with the literature, which stated that the antibacterial activity could be grouped into four main mechanisms: disturbing bacterial cell wall, disrupting cell membrane, interfering protein biosynthesis, and inhibiting nucleic acid biosynthesis<sup>43,45</sup>.

Bacteria based on their cell wall structure were differentiated into Gram-positive and Gram-negative bacteria. Gram-positive bacteria have a simple cell wall structure composed of peptidoglycan, while in Gram-negative bacteria, they have an additional structure called an outer membrane. The outer membrane contains lipopolysaccharide and could secrete endotoxin. The outer membrane acts as a protection, including keeping

the bacterial cells from penetrating antibiotics or other unwanted compounds. This layer causes Gram-negative bacteria to generally more resistant than Gram-positive bacteria defat. The description could explain why in this study, the extract was only affecting *S. aureus*, which was Gram-positive bacteria, while it did not affect *E. coli. Escherichia coli* was classified as Gram-negative bacteria and known to have developed multi-drug resistance and known to have developed multi-drug resistance to *D. suffruticosa* leaves extract.

Another microorganism tested against the D. suffruticosa leaves extract in this study was C. albicans. The result showed that the ethanol extract of D. suffruticosa leaves neither could inhibit the C. albicans growth. As a fungus, the cell wall of C. albicans was composed of chitin, glucan, and mannoprotein. The cell wall forms a two-layer structure with mannoproteins in the outer, while chitin in the inner layer. Glucans lie in the inner layer and connecting the inner and outer layers. mannoproteins in the outer layer have low permeability and porosity, so they could not easily pass by some compounds, including antifungal agents. This structure made the C. albicans resistant to antifungal drugs or host defense mechanisms<sup>49,50</sup>. This finding was corresponding with Lima et al.51, which report that a more mannan structure in fungi could develop the resistance in Candida against antimicrobial agents. This was probably could explain why the D. suffruticosa leaves extract could not inhibit the *C. albicans* growth.

**Table IV.** Antimicrobial activity of *D. suffruticosa* leaves extract

CAHaci			
Extract	Inhibition zone (mm)		
concentration	S. aureus	E. coli	C. albicans
5%	-	-	-
10%	8.35±0.05	-	-
20%	9.34±0.32	-	-
40%	10.52±0.22	-	-
Positive control	42.72±0.14	28.04±0.82	9.44±0.11
Negative control	-	-	-

<sup>(-):</sup> no activity; positive control: amoxicillin (*S. aureus* and *E. coli*), nystatin (*C. albicans*); negative control: 10% DMSO

## **CONCLUSION**

The ethanolic extract of *D. suffruticosa* leaves could inhibit the growth of *S. aureus*, while *E. coli* and *C. albicans* showed no activity. Further research about the ethanolic extract of *D. suffruticosa* leaves against other pathogens still being suggested, especially the gastrointestinal pathogen.

## **ACKNOWLEDGMENT**

We thank the Ministry of Research and Technology/National Research and Innovation Agency, The Republic of Indonesia for financing research funds through PDP Grant year 2020. This research has been presented in International Conference of Pharmacy and Health Sciences (ICPHS) 2020, 3rd Joint Conference UNAIR-USM in Surabaya, Indonesia, October 28th, 2020.

## **AUTHORS' CONTRIBUTION**

Vilya Syafriana: conceptualization, supervision, methodology, data curation, data analysis, validation, writing-original draft & editing. Amelia Febriani: conceptualization, supervision, data analysis, writing-review & editing. Suyatno: conceptualization, survey and transportation, methodology, data curation, data analysis, writing-review & editing. Nurfitri: project administration, survey and transportation, data curation, data analysis, writing-review & editing. Fathin Hamida: conceptualization, methodology and validation, writing-review & editing.

## **DATA AVAILABILITY**

All data are available from the authors.

# **CONFLICT OF INTEREST**

The authors declare there are no conflict of interest.

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