



PROFESSIONAL ACTIVITY OF A PATRONAGE NURSE IN REPRODUCTIVE HEALTH

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Annotation

One of the most important issues in the world today is reproductive health and related diseases. World statistics: According to experts, one of the main reasons for the rapid growth of the population is the high number of unwanted pregnancies. 2 out of 5 fetuses in the world are unwanted, about 20 million teenage girls become mothers every year and about 6 million ends in abortion. Mortality from pregnancy and childbirth complications - 500 thousand per year. Infant mortality - 9.6 million. The number of abortions per year is 40-60 million. Patronage nurses are the mainstay of reproductive health.

Keywords: reproductive health, reproductive law, family planning contraception.

Purpose of the Study

To study the professional activities of community nurses in the reproductive health of the population. Reproductive health of women of childbearing age to increase the scientific potential of their reproductive health culture. Advocacy on diseases related to the reproductive system and their prevention. Study of factors affecting reproductive health, family planning, information about contraception, and study the role of the nurse in the formation of a healthy lifestyle.

Research Methods and Materials

A questionnaire was conducted to find out the level of reproductive health and medical potential of the population. 100 people aged 20 to 45 years old were selected to conduct the questionnaire. The questionnaire consisted of 20 questions and was conducted in the Kumkurgan district of the Surkhandarya region.

Introduction

Reproductive health, reducing maternal mortality, in particular, the professional capacity of family nurses in family health plays a key role in providing information on prevention. Reproductive health was first raised at the 1994 International Conference on Population and Development in Cairo. Not only the absence of shortcomings but also a state of complete physical, mental and social success recognition of their fundamental right to the information and means necessary to do.



Results of the Survey

According to a survey of 100 women aged 20-45, 40 % of women of reproductive age have an understanding of "Reproductive Health", and 35% of participants do not know what reproductive health is. According to the survey, 75% of our population has an understanding of contraception, but we can see that 55% of participants became pregnant without planning a pregnancy. Where would you like to get more detailed information about reproductive health? The question is "Who is it best for you to discuss reproductive health? Who would you like to talk to?" 55% of the participants answered "medical worker", 28% chose "my friends" and 10% answered "my spouse" and 7% answered "psychologist". Another important question in our questionnaire was "At what age do you think we need to educate our young people about reproductive health?" 36% of the participants were 11-13 years old, 43 % of the participants were 14-17 years old and 21% of the participants were 18-19 years old.

Conclusion and analysis

Study shows that raising awareness of the population about reproductive health, increasing their medical literacy, conducting more classes, tutorials, training sessions in schools, colleges, and higher education institutions, especially in rural areas. Family coverage to provide an understanding of family planning, the birth of healthy children.

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