



**THE NEED TO UNDERSTAND NATIONAL IDENTITY IN ORDER TO PREVENT  
SPIRITUAL ALIENATION**

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**Annotation**

A nation's self-awareness changes its feelings, will, spirit, and mood. Affects lifestyle. It should be noted that self-awareness is not limited to the protection of the interests of their nation. Perhaps, the development of the nation and the country will also have a positive impact on its development, correctly assess the various events, internal and external processes related to the country, the homeland, solve its problems, mobilize internal spiritual and material resources, helps to move towards. In this sense, the self-awareness of the nation is an important sign for the nation, which is more widely expressed in national pride.

**Keywords:** self-awareness, nation, national pride, socio-economic processes, economic, social, cultural, scientific, literary, artistic and religious views, globalization, civilization, national identity

Self-awareness plays an important role in the spiritual life of the people. Therefore, the study of the essence of national identity is an urgent problem. What is national identity? Understanding national identity implies all the features and aspects of national identity. It is characteristic of the nation that the Uzbek people strive to understand their national identity and keep it as the apple of their eye. The features and characteristics of the national identity of the Uzbek people, which formed as a nation and emerged in the subsequent socio-economic processes, remain as factors in the formation of national identity even when conditions change. Because any nation, including the Uzbek people, inherits from generation to generation, while using the experience gained in the field of economic, social, cultural, scientific, literary, artistic and religious views during historical development.

The essence and structure of national identity are the traditional values of the nation: community, faith, patriotism, self-restraint, high spiritual ideas, strong family, and spiritual superiority over materialism, devotion, tolerance, nationalism, superiority over duty, selfishness and selfishness. It is closely connected with devotion to the common good, devotion to the truth, respect for national and religious values, and devotion to sacred things. Self-awareness of a person of a particular nation is to know the past of the nation, the path of historical development, the lineage, the identity of the ancestors, their great contribution to the development of world science and culture.

Knowledge of the nation's spiritual, political statehood, and ethno-social processes, as well as ideas about the historical destiny of the people in the multi-ethnic structure of humanity, are also part of the structure of national identity. The structure of a nation's identity reflects the identity of some of its 420 representatives. In the mind of the subject, the whole system of conditions, norms and methods of the nation's activity is reflected. A special place in the structure of national identity is occupied by ideas about the destiny of its people, its existence, past, present and future. In the context



of globalization, the study of the relationship between democratic reforms and national identity in our country allows us to identify the great importance and functions of national identity in the history and modern life of our country.

Understanding national identity allows a nation to unite based on the common spiritual and material values and national interests of the nation. In our opinion, the understanding of national identity forms the following values - the basic principles of the existence of the nation, participates in the transmission of customs, traditions, historical experience, and national culture from generation to generation. It develops a nation's self-knowledge by shaping it as "we" in contrast to other nations.

Awareness of national identity also serves to establish inter-ethnic, inter-religious relations, reflecting the level of interethnic and interreligious interaction on the basis of the principle of "we-they".

Understanding national identity allows a person to realize the values of national culture, the identity of national identity in life. In today's globalized world, the key role of national identity is to ensure the unity and integrity of the nation. In addition, the understanding of national identity provides the process of socialization of the individual, so that the person understands himself as part of the nation.

Thus, the understanding of national identity is the understanding of the unity of a nation and its place among other similar societies because of the notion of itself and the representatives of other nations. In such a situation, the understanding of national identity should be seen as a complex structure of elements consisting of a set of elements that interact with each other and with the environment. After gaining independence of Uzbekistan, one of the most important issues was the awakening of national consciousness and the restoration and formation of national spiritual values, the understanding of national identity. At the same time, the understanding of national identity at the level of social consciousness, which is one of the main pillars of the national idea, plays an important role in strengthening its foundations.

It is deeply philosophical that public policy pays special attention to the restoration of national and spiritual values. Important aspects of a nation's identity are that through social feeling, each nation learns who it is, what it is capable of, its dignity, its honor, its sense of national pride, and its path to civilization.

Awareness of national identity has the power to awaken, mobilize and socialize the people. Of course, this feeling, when it is within a certain norm, has a positive effect if it is not allowed to "overdo" the national identity, and when it exceeds the norm, it leads to depression and humiliation of our national basis.

The philosophical side of the problem is that in the years of independence in public policy:

1. The denial of national cultural features was seen as contrary to the path of independent development;
2. The existence of the language and cultural features of each nation was recognized, the conditions for free development were created, and national and cultural centers were established;
3. Special attention was paid to the development of the national language.



Unlike traditional communist views, the issue of national relations in relation to democratic processes was approached in a non-traditional way. There are differences between traditional and modern views. It serves the development of the nation, not its language and culture.

Awareness of national identity means pride in the homeland of the nation, respect for its language, territory, spirituality, values and heritage, and practical work to develop it. Just as language, territory, customs, traditions, national heritage, values, and spirituality are essential for the existence of a nation, so is the understanding of national identity.

There are different views on the concept of national identity and its structure. In particular, according to Professor S. Otamuratov, "the understanding of national identity is the understanding of each nation and people as a real entity, ethnic unity, language, customs, traditions, values, common interests and needs of the state, representing certain material and spiritual wealth" and "The understanding of national identity develops and improves at every stage of historical development".

N. Nazarov writes, "Understanding the influence of historical and cultural factors on the formation and development of the national mentality of each ethnos and the development of the ethnos, self-awareness and respect for the history, culture, customs and traditions of other ethnic groups". As the President of the Republic of Uzbekistan Sh. Mirziyoyev noted, "Today the times are changing rapidly. Young people are the ones who feel these changes the most. Let the youth meet the requirements of their time. Nevertheless, at the same time, let him not forget himself. May the call of who we are and what a generation of great people always resonate in their hearts and motivate them to remain true to themselves. How do we achieve this? Upbringing, upbringing and only at the expense of upbringing". The spiritual revival of a society is closely connected with the qualitative aspects of national identity. After all, through self-awareness, a person remembers the past, compares it with the present, draws conclusions, and on this basis looks to the future. That is, self-awareness is a spiritual force that raises a person to the level of a person and leads him to spiritual maturity. These aspects directly play a significant role in the spiritual development of society.

Awareness of national identity directs the development of the people to a new qualitative level of cooperation in the formation of the international mentality and solidarity, as well as the formation of a common civic mentality. Consistent implementation of this goal, taking into account not only the interests of the nation, but also the interests of all groups in society, is a key factor in ensuring national development.

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