



**THE ROLE OF NATIONAL VALUES IN THE STABILITY OF MARRIAGE AND FAMILY
IN MODERN UZBEK FAMILIES**

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Abstract

The Uzbek people pay special attention to the spirituality of the family, the sacred duty of every modern family is to educate young people who meet the requirements of today's independent republic, using the spiritual heritage.

Key words: nation, spirituality, values, family, marriage, labor, children, patriotism, attention, trust.

Our people have long considered the family sacred. The family is the cause of harmony , peace and harmony are achieved in society, peace and stability reign in the state. Family well-being is the basis of national well-being ”.

A. Karimov

Uzbekistan is a huge country rich in different national traditions and customs. Many of our dreams come true thanks to independence and the glory of independence. Errors of the last seventy years have been corrected and the truth has been restored in all areas. In particular, the rich and unique ancient traditions and customs of the people, that is, our national values, have been revived and widely introduced into marriage. The spiritual wealth of any nation consists in the unity of national and universal values. Spiritual heritage is the heritage of the past. The task of the current generation is to acquire and develop it fully and fairly. Ignorance or neglect of one's own cultural heritage and values is taboo, and the inability to strive to enrich and elevate them is a tragedy for the nation and its people. Only a person with a high level of spirituality can find the strength and strength to work for the sake of independence and a great future for our country.

The spirituality of a person is initially formed in the family and manifests itself as a criterion for determining the spirituality of a society. Therefore, to be able to use the cultural heritage, the values of today, draw the right conclusions from history, relate to their history and current situation, cultural heritage and spiritual values, religion and morality, existing political and legal practice. ... that the ability to take a critical look at lifestyles is an important spiritual foundation for strengthening independence.

Raising in a modern Uzbek family a generation devoted to the Motherland, people, family, ideas of independence, selfless, independent, broad-minded, loyal, talented, proactive, responsible, spiritually and physically healthy. O This is the guarantee of the prosperity of Uzbekistan. Highly spiritual parents understand the essence of the family, its values, duties, responsibilities, family responsibilities, raising



a harmonious child in the family, financial support for the family, maintaining its peace and it is based on our national values, which have been polished over the centuries.

Highly spiritual parents bring up their children humane, patriotic, morally pure, educated, humble and noble.

Spirituality is a combination of science, philosophy, ethics, law, literature and art, public education, media, customs, traditions, religion and many other historical, practical and contemporary values. It is these values that are formed in the family under the influence of parents and older family members. The Uzbek people have long paid special attention to the spirituality of the family. Today, the sacred duty of every modern young family is to educate young people who meet the requirements of our independent republic, using the spiritual heritage. To fulfill this duty with honor in the family is a genealogy of generations, professions, customs, traditions, methods of upbringing. The role of a person in the development of society begins with the assimilation of his own positive history, fostering a sense of pride in it. A person who is proud of his parents, family, ancestral history, and his country. , nation It is natural for him to be proud of his people, language, religion, culture, take care of him, look at the world. For this, in a family from an early age to a child's mind, "you are a child of a rich history, a great people", "you are the founder of great thinkers, great-grandfathers", "the Uzbek people are rich. in spirituality, homeland, people "It is necessary to instill such concepts as" Our country is the most beautiful and richest in nature in the world. "

In Uzbekistan, every family has its own family code of ethics. According to him, children are taught what is possible and what is not. In the family, the child goes through the process of socialization. If the family does not fulfill this task, when the child enters the life of society, both the child and the society may experience various problems. Because the child does not know the requirements of morality, behavior and self-expression. Family morality stems from the morality of each family member. The moral of the family is the same as the moral of each family member.

There are events in life when a family has proven itself very well and positively over 50-60 years of life and has earned a high reputation in society. However, as a result of the masculinity, drug addiction and immorality of the new generation, the reputation it acquired was tarnished. Therefore, a person should be very attentive to his moral steps and protect himself from various mistakes. Family morality is directly related to the moral norms and rules of behavior sung in society. While the family has a positive and negative impact on society, society has a negative or positive impact on the family.

For centuries, the Uzbek people have taught children to think in accordance with strict moral standards with the help of such a spiritual foundation, values based on simple life realities, artistic creations, especially poems, poems and quatrains, aphorisms. , exemplary stories and legends, brought up by spiritually mature, pointing the way to perfection. This spiritual heritage clearly showed the younger generation a clear, definite, clear line between good and bad. Spiritual boundaries have been traced in their hearts for generations. Therefore, from an early age, children grew up with such excellent moral standards in mind and grew up on the basis of such a clear system of moral taboos. Accordingly, the tasks of the centers for preparing young people for family life are multifaceted and complex, as well as very necessary and relevant.



It should not be forgotten that the perfection of mankind and peoples is never manifested in violation of national traditions, in tightening the veil of morality, but in winter, which brings a person to a higher level of spirituality, purity and decency. ...

Cleansing the mind, psyche, body of people today is the basis of our educational and spiritual activities. There are many reasons for this. On the one hand, there is a need to get rid of the complications of the past, and on the other, there is a need to get rid of the shortcomings that occur in human nature, which are sometimes aggressive. The time of independence put such objective and subjective human qualities on the path of purification from virtues, the essence of ancient and national development. Our national values and traditions were given the opportunity to express their universal character. The development of national traditions and values is based on the dialectical principle, according to which those who do not oppose the national values of their people to the values of Other nations, and vice versa, if they grow up to the level of deep awareness of the spirituality of another people and can freely and gratefully demonstrate their national values if in national relations there are no other intentions, except for friendly economic and spiritual dialogue, then the universal values that represent the spirituality of different peoples will continue to grow.

Celebration of family holidays, effective use of gods, fairy tales, folk proverbs and songs in the education of youth, joint cultural recreation, national sports games and competitions, trips to historical monuments and shrines, respect for the spirituality of other peoples. Family stability is the organization of family reading, special attention to the culture of language, communication and clothing in the family, professional training of children, effective organization of leisure and leisure activities in the family through socially useful work.

When we think about our national traditions, parents, children, mother-in-law, relatives, etc., the first thing that comes to mind is Abdullah Qadiri's novel *The Last Days*.

At the same time, the family is a unique social institution of society. Since the family is an integral part of society, the stronger it is, the stronger the society will be. The importance of national values and national education in the strength of the family is incomparable.

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