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PREPARING GIRLS FOR FAMILY IN KARAKALPAK PEDAGOGY

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Abstract

The article examines the important factors of preparing girls for family life in the Karakalpak pedagogy, measures to overcome the problems of raising girls in the family through the use of the experience of teachers and scientists.

Keywords: family, pedagogy, people, education, life, society, tradition.

The people of Karakalpakstan have always been hospitable, family-like and nature-loving. Proof of this is the fact that for centuries grasses still grew in vast fields, in the lap of nature. The Karakalpak people are rich in their rituals (yor-yor, xaujar, jo'qlov, yaramazon, gulap-san, badik, etc.), epic genres, fairy tales, tolgovs, terma and epics. All these folk epics and works are dedicated to the glorification of a sacred place called the family, preparing girls for family life. Thus, Avesto covers a wide range of issues, including family education, childbirth and healthy parenting, protection of women's health, protection of the legitimate interests of women in the family, attention to pregnant women, the nuances of marital relations and other rules of family life. place is provided. The Karakalpak folk epic "Forty Girls" also masterfully depicts the image of a girl who tried to defend her country and family from enemy attacks. The epic plays an important role in instilling in adolescent girls such ideas as patriotism, freedom, loyalty.

From time immemorial, a strong family has been the basis of the state. Strength, harmony and harmony in our families depend primarily on preparing girls for family life. Because the willingness of a girl on the threshold of puberty to get married will lead to the strengthening of families, which in the future are a small part of society. It's no secret that fragile families are fragile.

The family is synonymous with the word "woman" and is responsible for the upbringing of children, the spiritual and physical development of people, their integration, as well as for the economic and social development of society. This is why it is important in the family to pay attention to women. If many great people are spiritually strong and peaceful, then the younger generation will grow up healthy and perfect people with independent thinking.

In the process of preparing girls for an independent family life in a family environment, the following instruments of pedagogical influence turned out to be effective:

1. The use of national and universal values and ideas in the process of preparing girls for an independent family life. National and universal values and the ideas put forward in them are traditions in organizing the family life of girls, communication between family members (respect for adults, respect for children, respect for guests, yard, maintaining cleanliness in the house, nondisclosure of family secrets, solving family issues or problems in consultation with relatives, holding family events in public, etc.), creativity, arrogance, sincerity, modesty and hard work, opens the way to the formation of certain knowledge and skills that allow paying attention to nationality in raising children.



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- 2. Organization of family life for girls, building a strong family, healthy family life on the basis of examples of national cultural heritage (Karakalpak folklore, folk pedagogy, literature, art, science, culture, technology and technology), concepts of solutions are formed in the spiritual environment.
- 3. Materials provided through the media provide girls with the opportunity to organize an independent family life, create factors that guarantee peace and well-being in the family, manage the household, create a family budget, use it wisely, purposefully to protect family members. It helps to develop and enrich practical skills and competencies while strengthening certain relationships such as personal hygiene and the health of family members.
- 4. The personal example of parents (or other family members, especially the older generation) will play an important role in preparing girls for an independent family life. After all, girls experience personal life, primarily parents, grandparents, brothers, sisters, cousins, neighbors, teachers, as well as friends, in short, in social interaction with them. They are assimilated through the behavior, behavior, mannerisms, and moral image of the people they share.

The strength of the family largely depends on the preparation of girls for family life. Many of our teachers and psychologists have conducted research on the problem of preparing young people for family life. In particular, the research works of Z.F. Mirtursunov, A. Munavvarov, G. Shumarov, V. Karimov, O. Musurmonov, M. Inomov, N. Soginov, M. Kholmatova, D. Khalikov, A. Mukhsieva and others. 'Tiborga molik.

Doctor of Pedagogy M. Makhmudova in her monograph "Folk Pedagogy and Family Education", in her research papers, articles and dissertations, tried to scientifically and practically substantiate the pedagogical aspects of preparing young people for family life. According to the scientist, the issue of preparing young people for family life was ignored until the mid-1980s, when preparing children for family and family life was considered a crime, especially talking about sex education in order to prepare them for this difficult process. The "foreigner" was blindly preparing for this, having heard from friends and other people, which was also due to the lack of advice and guidance for young people, information about the influx of Europeanized family life. The negative influence of the media on our national life. way of life, as well as the fact that our youth are subject to foreign influences in this area.

Analyzing the scientific activities and methods of philosophers and scientists in the field of pedagogy, activities aimed at preparing girls for an independent family life give the expected result if they are organized on the basis of the following forms.

- The basics of marriage and the creation of a family, the conditions for entering into a marriage and family, the content of family relations, factors that ensure the stability of the family and create a healthy psychological environment in the family, the observance of the rules of personal, personal and other family hygiene. health, conversations on topics such as the formation of the family budget, its rational use, the organization of raising children in a family environment, household chores and family management, marital relations, the responsibilities of parents and children.
- "Peculiarities of girls' upbringing", "What to look for in the process of preparing girls for an independent family life?" traditions of the Karakalpak people "," Family traditions are sacred ","



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Prevention of family divorce "," Public participation in the preparation of girls for independent family life. "

- Competitions for "Girl's Circle", "Beautiful Bride of Karakalpakstan", "Exemplary Family", "Business Woman", "Creative Woman"; d) "How do you want to form the family budget?", "Family How do you plan to run your household? "," Will you be able to resolve conflicts in family relationships? »Training seminars on the following topics:

The purpose of establishing creative cooperation between family and society to prepare girls for independent life is to provide girls with information about the organization of family life, the psychological and pedagogical foundations of a healthy family environment, family relationships and family life. The development of certain practical skills and competencies in family management, the provision of theoretical and practical assistance to the family in this way, full support of the family.

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