



THE IMPORTANCE OF MILITARY WILL IN THE PROCESS OF TRAINING OF RESERVE OFFICERS

Khasanov Nurmukhammad Khaydarali Ugli

Yusufjonov Kuyoshbek Komiljon Ugli
Students of Fergana State University,
Uzbekistan, Fergana region.

Annotation:

In this article given information about the reflective action, military will, stages of voluntary action, their brief classification, types of voluntary behavior, ways of forming the will in the military, and the division of actions and activities into groups according to the degree of participation of the will in them.

Keywords: reflective action, military will, voluntary action, military personnel, voluntary and involuntary actions.

Today's military reforms, stability in our country all educational activities aimed at deepening peace and security are aimed at forming a mature military personality.

The soldier greeted the officer militarily, placing his right hand over his right ear when he came across the officer, although he should not have done so. because he didn't have a hat. This accidental action of the soldier is called reflective action. All human influences are of a reflex nature, but the actions of the soldier described above will be carried out without the control of the mind, or without its sufficient participation, without a definite purpose. This is why it is called involuntary action or intentional action. But as long as everyone does a lot of simple and complex actions, they are done completely consciously and have a specific goal.

Military will is expressed in the conscious actions and behavior of every serviceman, in particular, it is the mental strength that is manifested in overcoming all the physical and mental difficulties encountered on the way to achieving the intended goal and the responsible task entrusted to it.

Will, like other spiritual phenomena, is a special form of expression of reality, especially in society, in the lives of individuals. Therefore, the will, even if it is the voluntary activity of people, is determined by objective reasons, the order and conditions of life of the person.

Voluntary action consists of the following stages:

- preparation;
- performance;
- completion.

The preparation phase involves understanding the intention, the goal, and choosing the way to do it. For example, if a young man decides to become an officer, he first sets his own goal, and he wants to enter a military academy to achieve that goal. She thinks about how to prepare for admission, whether she is preparing independently or taking a preparatory course. If the love of the motherland is burning



in the heart of this young man, if he wants to be a defender of the homeland tomorrow, no one can turn him away from this path, and he will overcome all difficulties with courage. will surely achieve its immense goal.

Finally, the goal was clear. Once a decision is made, the preparatory phase of the action is over, but if the action is not followed by the next steps, the execution of the decision and the subsequent drawing of certain conclusions, it cannot be a voluntary action. The first stage, in this example, for the willpower to be fully realized, the young man must pass the prescribed entrance exams and enter the military academy, and the second stage, he must analyze his physical and mental activity and draw certain conclusions.

The three stages of voluntary action can be further broken down into five stages. These are:

- set a goal;
- identification of ways to achieve the goal (several);
- choose one of these ways;
- realization of the purpose;
- draw conclusions and analyze final or final conclusions.

Voluntary behavior is divided into the following types:

- simple and complex;
- short-term and long-term;
- on its own initiative or on the initiative of others.

The will can be simplified as follows:

Willpower is the ability of a person to consciously control his behavior, as well as to mobilize his energy, inner feelings and difficulties to overcome them with perseverance.

Therefore, the ability to control one's actions is also called the will to achieve a certain goal: the will.

It can take the form of a person achieving something, or it can take the form of a person giving up something. The will enables a person to move from knowing and feeling to practical action.

With the help of the will, a person can organize, develop and control his behavior.

Willpower is especially important in the activities of military personnel. Strong will plays an important role in labor and warfare. That is why commanders pay great attention to cultivating a strong will in their personnel.

The commanders said to the personnel, "The harder you train, the easier it will be in battle".

Indeed, if our servicemen have a high level of patriotism, love for the motherland and strong will, there is no doubt that no evil force can defeat them.

Ways to build the will of the military:

- formation of commitment to the idea of national independence;
- training in combat and difficult conditions;
- Strict military discipline, constant demands of commanders;



- training to overcome difficulties;
- use the educational potential of the team;
- self-education.

Strengthening the will, cultivating emotional and volitional stability is the most important component of the psychological training of servicemen.

A person's activity takes the form of various actions. By doing so, he changes the world around him.

Actions and activities are divided into two groups depending on the degree of participation of the will: voluntary and involuntary.

Optional - targeting, clearing weapons, etc.

You don't want to look in the direction of the sudden sound of bullets.

Man performs involuntary actions without any preconceived notions and without goals set by anyone (or himself). In doing so, he does not feel the difficulties. They are an emergency and have no clear plan.

In this case, the cause of the action is completely external, and the action occurs automatically. They show the body's targeting, defense, and other reactions.

In voluntary actions, a person overcomes various obstacles to achieve a certain goal. Voluntary actions are expressed in physical and psychological stress.

It should be noted that the need is also to cultivate a strong and morally nurtured will, it can also lead to cultivating an "evil" will. Whoever understands his social responsibilities well and develops healthy needs, he will form a morally correct will.

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