

ON THE STATE APPROACH TO THE DEVELOPMENT OF PHYSICAL CULTURE IN UZBEKISTAN

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Abstract

The article presents materials of a brief analysis of the adopted state documents by the government of the Republic of Uzbekistan. In order to further develop physical culture and sports in the country.

Keywords: physical culture, education, physical education lessons, physical qualities, sports activity, Olympic Games, sports facilities, sports.

Introduction

Physical culture and education in this area is becoming deeper and deeper into a common human property. Research shows that today most of the world's population is directly involved or interested in certain issues of physical culture. If we take into account education in a general education school, it becomes obvious that each person goes through the education of a physical education lesson. This means that not a single person is left out of classes and education of physical culture. Even those who are not involved in physical education are also involved in different sports. For example, in the United States, physical education and sports are an integral part of the culture and life of the American people.

Many countries have adopted laws aimed at the development of physical culture and sports.

Main part

The importance of physical culture in modern society is enormous. Firstly, because this type of activity as an educational branch is increasingly felt as a biological need of the human body for physical activity, especially in the age of modern scientific and technological progress, where a person is gradually moving away from the necessary need for physical activity.

Secondly, physical culture is becoming one of the most accessible types of active recreation, self-healing and purposeful self-development.

Thirdly, physical culture has become an important means of a person's manifestation of his physical abilities, through the education of physical qualities in the process of sports activity. In addition to the above, there are other characteristic and unusual functions of modern physical culture, which have been identified in recent years in Uzbekistan. For example, the first President of the Republic of Uzbekistan Islam Karimov expressed significant thoughts

about the meaning of sport, "Nothing can glorify the country to the world as a sport," or "Sport brings up the greatest personalities", etc.

In view of this, the above said in Uzbekistan, attention is paid to the development of physical culture at the state level. And all this is supported by state laws, decrees, decrees and decisions of the president, as well as decrees of the cabinet of ministers of the Republic of Uzbekistan.

The first law of the Republic of Uzbekistan on physical culture and sports was adopted in 1992 on January 14, immediately after the proclamation of the independence of the republic in Uzbekistan. During the years of independence in Uzbekistan, the first president of the republic, Islam Karimov, has adopted more than 30 different decrees, resolutions, including the adoption of laws on physical culture in new editions (2000 May 24, 2015 September 4). An important role in the effective development of physical culture in Uzbekistan was played by the Decree of the first President of Uzbekistan Islam Karimov "On the creation of a fund for the development of children's sports in Uzbekistan", dated October 24, 2002, which covered almost all aspects of the development of physical culture in the republic, turning it into the nationwide development of physical culture movement. This means that this decree gave impetus not only to the development of children's sports, but also to all spheres of physical culture, especially in remote rural areas, where thousands of new sports facilities have been built, which are equipped with modern and sports equipment.

In 2015, on February 16, at a meeting of the Board of Trustees, the results of achievements in the development of children's sports in Uzbekistan were presented. For example, in 2014, the number of children who regularly go in for sports increased by 1.3 times compared to 2013. In rural areas, the coverage of children involved in sports increased to 54.7% against 43% in 2013, including girls up to 43.6% against 37.9%. Due to the state measures taken to develop physical culture in the republic, Uzbekistan slightly improved its indicators at the Olympic Games in Brazil, taking 21st place (the former best beat 34th place), and took first place in boxing.

In 2017, a new stage in the development of physical culture in Uzbekistan began after the inauguration of the President of the Republic of Uzbekistan Shavkat Miramonovich Mirziyoyev. At an expanded meeting of the Cabinet of Ministers of the Republic on the issue "Results of 2017 and tasks for 2018 of the republic's development", he noted along with successes and deficiencies in the state of development of physical culture. In particular, it is said that more than one trillion 260 billion soums have been spent from the state budget for the last five years on the development of physical culture. This is without the finances of the national Olympic committee and sponsorship funds. Right there, he notes about the uneven development of different sports. At the Olympic Games and the championship, medals were mainly received in such sports as boxing, judo, wrestling, and in such sports as athletics, gymnastics, swimming, sports games, and there are no other medals. And also, it was said about the unsatisfactory state of the state administration of physical culture.

After that, a resolution was adopted by the President of the Republic of Uzbekistan Shavkat Mirziyoyev "On the preparation of the republic's athletes for the XXXII Summer Olympic Games in Tokyo" with a large program for thorough preparation of the republic's athletes for the Summer Olympic Games and Paralympians in Tokyo.

After that, a decree was adopted by the President of the Republic of Uzbekistan Shavkat Mirziyoyev on the organization of the Committee on Physical Culture and Sports of Uzbekistan, separating it from the Ministry of Culture and Sports. Thus, physical culture and sports in Uzbekistan began to develop independently. A radical reorganization of sports schools was carried out with a more specific definition of sports in the corresponding sports schools.

The next step of the government of the republic to develop mass physical culture was the adoption on June 3, 2017 by the president of the republic of a decree "On measures to further develop physical culture and mass sports" where five directions for the development of mass physical culture and sports in the republic were identified:

1. Improvement of legislation in the field of development of the system of organization and management of the system of physical education and sports;
2. Strengthening the material and technical base, providing them with modern sports equipment and developing the private sector;
3. Staffing, retraining of personnel, scientific and methodological support;
4. Organization of physical education and sports among the general population and ensuring high-quality selection of gifted youth;
5. Ensuring broad promotion of a healthy lifestyle, as well as the goals of the content of this program among the general population;

For each direction, specific measures were outlined to implement the resolution, which consisted of 86 points, which provided for a radical improvement of the material and technical base of physical culture, in particular, the construction of 99 various sports facilities, as well as 77 swimming pools, the publication of more than 60 thousand special literature in the field physical culture and sports, etc.

After this resolution, a number of state documents were adopted to ensure the adoption of additional measures in the further development of physical culture, aimed at complementing the process. For example: on October 30, 2017, President Shavkat Mirziyoyev personally held a meeting with responsible workers in the field of physical culture and gave specific instructions to accelerate the targeted development of physical culture and sports in Uzbekistan in accordance with the modern international level.

An important in the state approach to the development of physical culture in Uzbekistan was the adoption of the Decree of the President of the Republic of Uzbekistan dated March 5, 2018 "On measures to radically improve the system of public administration in the field of physical culture and sports." The decree notes modern problems, which says: "The country is

consistently implementing measures to create the necessary conditions and infrastructure for the targeted development and popularization of physical culture and sports, a healthy lifestyle among the population, especially young people, and ensuring a decent representation of the country in the international sports arena."

Conclusions

At the same time, the presence of a number of systemic problems and shortcomings in the system of organization of physical culture and sports impedes the effective implementation of state policy in this area and the full use of the existing sports potential of the country. In particular:

first, the absence of an effective integrated system for managing physical culture and sports, especially at the local level, does not allow ensuring proper coordination of the activities of state bodies and other organizations in this area, popularizing and promoting a healthy lifestyle;

second, the concept of the development of physical culture and sports in the country for the medium and long term has not been developed with the definition of specific tasks and target indicators both in the field of mass sports and sports.

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