

THE ASSOCIATIONS OF EDUCATION LEVEL AND HEALTH STATUS WITH LEISURE PARTICIPATION AMONG THE ELDERLY

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ABSTRACT

Background: Leisure participation is important to make a pleasant event and to enhance the quality of life of the elderly. This study aimed to examine the associations of education level and health status with leisure participation among the elderly.

Subjects and Method: This was a cross-sectional study carried out in Karanganyar and Surakarta, Central Java, from February to December 2017. A sample of 200 elderly was selected for this study. The dependent variable was leisure participation. The independent variables were education level and health status. The data were collected by questionnaire. The data were analyzed by a multiple linear regression.

Results: Leisure participation among the elderly increased with higher education level ($b=0.19$; $p=0.006$) and health status ($b=0.16$; $p=0.022$).

Conclusion: Leisure participation increases with higher education and health status in the elderly.

Keywords: leisure, participation, education level, health status, elderly

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