

EMPOWERMENT MODEL OF STROKE PATIENTS WITH MOTORIC APHASIA DISORDER THROUGH READING THE AL-QURAN TO IMPROVE THE QUALITY OF LIFE

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ABSTRACT

Background: Reading Al-Quran is an important spiritual experience. It is a spiritual activity with the potential to be used by patients to facilitate the health/disease transition process and promote well-being. Reading Al-Quran is more than just a resource for promoting religious/spiritual coping, it also promotes hope by providing a connection to a sacred and transcending dimension. It also helps people to feel stronger and safer in facing the disease, the treatment, and the whole context they are included in. An earlier study found that reading Al-Quran is an effective spiritual strategy to reduce anxiety during the treatment of critically ill patients. This study aimed to assess the effect of reading the Al-Quran on the quality of life of stroke patients with aphasia.

Subjects and Method: This was a cross sectional study carried out at Ja'far Medika Hospital, Karanganyar, Surakarta, Central Java. A total of 115 stroke patients with aphasia were selected for this study. The dependent variable was quality of life. The independent variables were reading of Al-Quran, family support, functional communication, and self reliance. The data were collected by questionnaire and analyzed by a multiple linear regression.

Results: Quality of life increased with reading Al-Quran ($b= 0.74$; $p= 0.001$), strong family support ($b= 0.32$; $p= 0.034$), good functional communication ($b= 0.45$; $p= 0.048$), and self reliance ($b= 1.02$; $p= 0.039$).

Conclusion: Reading Al-Quran is effective to promote the quality of life of stroke patients with aphasia, after controlling the effect of family support, functional communication, and self reliance.

Keywords: reading Al-Quran, stroke, functional communication, family support, quality of life.

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