

Effect of Age and Socio Economic Status on the Quality of Life of Patients with Cervical Cancer Undertaking Chemotherapy at Dr. Moewardi Hospital Surakarta

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ABSTRACT

Background: Cervical cancer is a type of cancer affecting women with high incidence and mortality in the world. Patient with cervical cancer have to undertake prolonged sequential treatment and therefore may experience physical, psychological and social changes, which may affect their quality of life. This study aimed to examine effect of age and socio economic status on the quality of life of patients with cervical cancer undertaking chemotherapy at Dr. Moewardi hospital, Surakarta.

Subjects and Method: This was an analytic observational study with cross-sectional design. This study was conducted at Dr. Moewardi Hospital, Surakarta, from February to March 2017. A sample of 100 patients was selected by fixed disease sampling. The dependent variable was quality of life. The independent variables were age, education and family income. The data were collected by questionnaire and medical record, and then were analyzed by linear regression model.

Results: Education \geq Senior High School ($b= 10.25$; 95% CI=5.24 to 15.26; $p<0.001$) and family income \geq Minimum Regional Wage ($b= 0.47$; 95% CI=0.12 to 0.83; $p=0.009$) increased quality of life in patients with cervical cancer. Age ≥ 45 years ($b=-0.53$; 95% CI=-0.84 to -0.21; $p=0.001$) decreased quality of life in patients with cervical cancer.

Conclusion: The quality of life of patient with cervical cancer is determine by age, education, and family income.

Keywords: age, social economic status, quality of life, cervical cancer, chemotherapy

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BACKGROUND

Cervical cancer is the most commonly found cancer on women with the highest morbidity and mortality rate in the world. The malignancy of cervical cancer is generated from Human Papilloma Virus (HPV) infection (Kemenkes, 2015).

According to a survey by Globocan (2012) annually, there were 527,600 new cases of invasive cancer and 265,700 deaths all over the world in 2012. According to American Cancer Society, it is estimated there were 12,990 new cases of invasive cancer and 4,120 deaths from cervical cancer in US in 2016 (Siegel et al., 2016). In

Indonesia cervical cancer is in the top place among the other types of cancer. The data from Basic Health Research (RISKESDAS) 2013 shows that cervical cancer share 0.8% or 98,692 of all cancer cases. Region with the highest prevalence of cervical cancer is East Java Province with as many as 21,313 and Central Java with as many as 19,990 (Kemenkes, 2015).

Cervical cancer is one of non communicable diseases that contributes to high mortality rate, in which the number of incidences is increasing that leads to economic, social, and psychological problems because its expensive treatment.

Cancer is described as a disease in a continuum which is stated from diagnosis, therapy, remission, recurrence or deterioration and terminal stadium. It makes patients difficult to accept the diagnosis and it takes an adjustment in each stadium and its treatment. In diagnostic phase, doctors are able to decide the appropriate procedure whether it is surgery, radiotherapy or chemotherapy (Arum, 2015).

Chemotherapy is one of the procedures that use medicines to terminate cancer cells. Chemotherapy also gives impact toward life such as physical and psychological impact (Arum, 2015). Physical impact that is generated post chemotherapy was nausea and vomiting, constipation, taste changes, weight lost, skin toxicity, alopecia, appetite loss, pain, peripheral neuropathy. Psychological impact that is possible to happen including anxiety, try to be normal, negative self esteem and giving up (Wardani, 2014).

The changes of bodily functions that happen on cervical cancer patients may generate self concept disorder where cervical cancer patients are becoming dependent to other people to meet their basic needs and the fulfillment of body parts functions (Fitriana dan Ambarini, 2012).

The quality of life can be illustrated with the well fulfilled human needs or how far an individual or group understands satisfaction or dissatisfaction toward various domains of life such as physical health, psychological state, autonomy level, social relationship, self confidence and their relationship with their environment (Costanza et al., 2007).

Age is a natural factor that can trigger cervical cancer. People who suffer from cervical cancer are women over the age of 40. The result of a study in 2001 showed that the peak age of cancer in Indonesia is

45-54 years. According Norwitz dan Schorge (2011) the most common ages for cervical cancer range from 41-54 years since it is the age of premenopause that has bigger possibility to suffer from multifocal lesion that is related to HPV which is one of cervical cancer's causes. Age affects the risk of cervical cancer incidences, in which the older the person means the longer she is exposed to carcinogens and the weaker the body immune is, that generates the risk for cervical cancer and also reduce the life quality of cervical cancer patients.

Patients' level of education affects the health condition of cervical cancer patients, in which patients with low level of education will be difficult to receive a relatively large amount of information about cervical cancer. Family's socioeconomic condition directly contributes in the process of treatment. Prolonged treatment has high effect of pain and worries over the treatment bill (Prastiwi, 2012). Family's involvement in helping patients to cope with the process of cancer treatment may help patients to attain optimal quality of life (Kusumaningrum et al., 2016).

In connection with a lot of cases of cervical cancer that undergo chemotherapy treatment and affects the quality of life, therefore the study aimed to explain the effect of age and socioeconomic status toward the quality of life of RSUD Dr. Moewardi, Surakarta.

SUBJECTS AND METHOD

1. Design of the Study

The study use analytic observational study with cross sectional approach. The study was conducted in Dr. Moewardi Hospital, Surakarta from February up to March 2017.

2. Population and Sample

Population of study was all patients of cervical cancer that underwent treatment in Dr. Moewardi hospital, Surakarta. The

subjects of the study were 100 cervical cancer patients who obtained chemotherapy treatment and met the inclusion also exclusion criteria. They were selected by using fixed disease sampling.

3. Variables of the Study

Independent variables of the study were age, education and family income. Dependent variable of the study was quality of life.

4. Instruments of the Study

Data collection was conducted by doing interview with questionnaires and medical record data. Questionnaires on quality of life were measured by using The European Organisation for Research and Treatment of Cancer (EORTC) QLQ-C30 and QLQ-CX24 that are specialized to evaluate the quality of life of cervical cancer patients (Perwitasari et al., 2011).

EORTC QLQ-C30 consists of some criteria that were 5 items of functional scale, 3 items of symptom scale, global health status, and 6 single items. Functional scales including physical function, role function, emotional function, cognitive function, and social function. For the symptom including fatigue, nausea & vomiting and pain, whereas single item consists of dyspnoea, insomnia, appetite, constipation, diarrhea, and financial difficult.

QLQ-CX24 consists of 4 items of functional scale and 5 items of symptom scale. Functional scales includes body image, sexual activity, sexual enjoyment, sexual functioning. Symptom scales include symptom experience, lymphoedema, peripheral neuropathy, menopausal symptoms, sexual worry.

Higher scoring represents better functional and worse symptoms. Evaluation on quality of life can be concluded based on global health status (Aaronson et al, 1993; Frayer et al, 2001).

The researchers noticed the study ethics by giving inform consent to the

subjects of the study to understand the purpose of the study, anonymity which means do not mention the name of study subjects and confidentiality which means keeping the privacy of information given by the study subjects

5. Data Analysis

Data processing was conducted by using editing technique by reexamining the instruments that were filled out during data collection; scoring was giving score on each question item; data coding was giving code onto data; data entry was inputting all coded data into computer file; and tabulating was data processing by making tables that gave statistical illustration.

Data analysis used SPSS version 22. Data analysis technique includes univariate analysis, bivariate analysis, and multivariate analysis by using multiple linear regression (Murti, 2013).

RESULT

Characteristics of study subjects in Table 1 were identified based on sociodemographic and clinical data as the result of univariate analysis. Data in Table 1 showed that out of 100 study subjects, most of them were ≥ 45 years old (61.0%) ranged from 35 up to 60 years old. Majority of the subjects suffered from stage III cervical cancer (56.0%). Most of the education level of study subjects were <Senior High School (61.0%), and most of the study subjects were employed (58.0%). Income of most of the study subjects, that was 70.0%, was \geq Regional Minimum Wage (Rp 1,534,985). Most of the study subjects were married (79.0%).

Table 2 and 3 presented the value of quality of life of cervical cancer patients who underwent chemotherapy. The study result showed that the quality of life of cervical cancer patients based on QLQ-C30 measured from several aspects that were global health status.

Table 1. Characteristics of the study subjects

Characteristics	Criteria	Frequency (n)	Percentage (%)
Age	<45 years old	39	39.0
	≥ 45 years old	61	61.0
Cancer stage	II	44	44.0
	III	56	56.0
Education	< High School	61	61.0
	≥ High School	39	39.0
Occupation	Unemployed	42	42.0
	Employed	58	58.0
Income	<Regional Minimum Wages	30	30.0
	≥Regional Minimum Wages	70	70.0
Marital Status	Married	79	79.0
	Widow	21	21.0

Table 2. Description of quality of life value based on EORTC QLQ-C30

Information	Good n (%)	Poor n (%)	Mean (SD)	Range
Global Health Status	42 (42)	58 (58)	57.33 (17.37)	25-91.67
Functional scales ¹				
Physical function ¹	49 (49)	51 (51)	58.47 (19.29)	20-100
Role function ¹	57 (57)	43 (43)	58.33 (24.10)	16.67-100
Emotional function ¹	44 (44)	56 (56)	75.25 (22.89)	8.33-100
Cognitive function ¹	68 (68)	32 (32)	86.67 (22.47)	33.33-100
Social function ¹	32 (32)	68 (68)	67.00 (24.95)	0-100
Symptom scales ²				
Fatigue ²	55 (55)	45 (45)	40.33 (18.05)	0-100
Nausea and vomiting ²	69 (69)	31 (31)	11.83 (21.62)	0-83.33
Pain ²	57 (57)	43 (43)	37.00 (31.48)	0-100
dyspnoea ²	86 (86)	14 (14)	6.67 (18.35)	0-100
Insomnia ²	51 (51)	49 (49)	27.99 (33.41)	0-100
Appetite loss ²	57 (57)	43 (43)	22.99 (30.22)	0-100
Constipation ²	70 (70)	30 (30)	15.33 (25.69)	0-100
Diarhea ²	93 (93)	7 (7)	3.33 (13.81)	0-100
Financial difficulty ²	36 (36)	64 (64)	33.33 (31.78)	0-100

¹ Functional scales, the value ranged from 0-100. The bigger the value, it shows increasing quality of life

² Symptom scales and the impact of the problem, the value ranged from 0-100. The bigger the value, it shows increasing symptoms, therefore the quality of life was worsening

Table 3. Distribution of quality of life value based on EORTC QLQ-CX24

Information	Good n (%)	Poor n (%)	Mean (SD)	Range
Function scales ¹				
Body Image ¹	70 (70)	30 (30)	86.67 (21.78)	0-100
Sexual Activity ¹	12 (12)	88 (88)	7.00 (20.26)	0-100
Sexual Enjoyment ¹	12 (12)	88 (88)	0.30 (0.86)	0-4.00
Sexual Function ¹	12 (12)	88 (88)	3.58 (12.49)	0-66.67
Symptom scales ²				
Experience ²	51 (51)	49 (49)	18.84 (12.96)	0-63.64
Lymphoedema ²	95 (95)	5 (5)	2.67 (12.24)	0-66.67
Peripheral neuropathy ²	44 (44)	56 (56)	50.67 (42.24)	0-100
Menopause ²	49 (49)	51 (51)	30.67 (35.03)	0-100
Sexual worry ²	55 (55.0)	45 (45.0)	45.00 (34.61)	0-100

¹ Functional scales, the value ranged from 0-100. The bigger the value, shows increasing quality of life

² Symptoms scales and impacts of the problem, the value ranged from 0-100. The bigger the value, shows increasing symptoms therefore the quality of life was worsening

On global health status and functional status, the bigger the value means the increasing quality of life, whereas on symptoms scale and 6 items of single scale of disease impact, the bigger the value means the quality of life was worsening.

Table 2 showed that the domain of functional scales of cervical cancer patients such as physical function, emotional function, and social function were decreasing after obtaining chemotherapy treatment. Financial difficulty was increasing along with gradually implemented chemotherapy treatment. Table 3 showed that the decreasing sexual function, sexual activity

and sexual enjoyment of cervical cancer patients were generated by the effect of the treatment. Worry was also arising because of the disease being suffered. Meanwhile, there was also an increase on symptom scale such as menopause and peripheral neuropathy.

Table 4 showed the data of bivariat analysis result that explained the effect of independent variables toward one dependent variable. Independent variables of the study were age, education and family income toward dependent variable that was the quality of life of cervical cancer patients who underwent chemotherapy.

Table 4. The analysis result of Pearson correlation about the effect of age and social economic status toward the quality of life of cervical cancer patients

Independent Variables	p	R
Age (years)	<0.001	-0.46
Education	<0.001	0.74
Family Income (rupiah)	<0.001	0.67

Table 4 presented the analysis result of Pearson correlation test about the effect of independent variables toward dependent variable. Age was negatively affected to

quality of life ($r = -0.46$; $p < 0.001$). Education ($r = 0.74$; $p < 0.001$) and family income ($r = 0.67$; $p < 0.001$) were positively affected to quality of life.

Table 5. The analysis result of multiple linear regression on age and socio-economic status toward cervical cancer patients' quality of life.

Independent Variables	Regression Coefficient b	CI 95%		P
		Lower Limit	Upper Limit	
Intercept	67.61	50.25	84.97	<0.001
Age (≥ 45 years)	-0.60	-0.94	-0.27	<0.001
Education (\geq High School)	12.41	7.10	17.72	<0.001
Family Income (\geq Regional Minimum Wage)	0.67	0.46	0.88	<0.001

N observation = 100
Adjusted R² = 70.9%
p < 0.001

Table 5 presented the result of multivariate analysis between independent variables toward dependent variable. The result of analysis showed there was an effect that was statistically significant between age toward the quality of life, after controlling the effect of education and family income. Each year of increasing age decreased the

quality of life by 0.60 ($b = -0.60$; 95% CI = -0.94 to -0.27; $p < 0.001$).

The result of analysis showed there was an effect that was statistically significant between education toward the quality of life, after controlling the effect of age and family income. High level of education (\geq High School) would increase the quality

of life by 12.41 compared to low level of education (<High School) ($b=12.41$; 95% CI= 7.10 to 17.72; $p<0.001$).

The result of analysis showed there was an effect that was statistically significant between family income toward the quality of life, after controlling the effect of age and education. High family income (\geq Regional Minimum Wages) would increase the quality of life by 0.67 compared to low family income ($b=0.67$; 95% CI= 0.46 to 0.88; $p<0.001$).

The value of *Adjusted R²* was as much as 70.9% meant that three independent variables (age, education, family income) were able to explain the quality of life of cervical cancer patients who underwent chemotherapy by 70.9%, the rest of 29.1% was explained by other factors outside the model of the study.

DISCUSSION

1. The Effect of Age toward the Quality of Life of Cervical Cancer Patients who Obtained Chemotherapy

The result of the study showed that there was negative effect of age toward the quality of life of cervical cancer patients who obtained chemotherapy and statistically significant. The older the patients would increase the risk for cervical cancer. It happens since the older the person the longer she is exposed to carcinogens as well as the weaker the immune system is, therefore it generates the risk for cervical cancer as well as reduce the quality of life of cervical cancer patients.

The subjects of the study ranged between 35 years old up to 60 years old, with the average age was 47 years, which belongs to productive age group and below the life expectancy age of Indonesia citizen which is currently up to 65 years. Productive age is the peak of the high risk for having cervical cancer, that is able to

generate disorders toward the quality of life, physically as well as psychologically and sexual health. It is similar to what is stated by Susilawati (2013) that commonly cervical cancer patients are found at the age of above 40, in which it is the vulnerable age toward health problems since degenerative process.

Most of the patients of cervical cancer in the study had poor quality of life because of the age factor, in which most of them were above 45 years old and also were affected by the effect of gradual chemotherapy treatment. There are several domains of quality of life that endure disorders such as on physical function, in which the older the person it affects physical activities since the strength loss of body muscle mass. It is in accordance with the study conducted by Einstein et al, (2011) that states 20% out of cervical cancer patients endure sexual function disorder including vaginal dryness, the fear to have sexual intercourse as the result of cancer.

2. The Effect of Education toward the Quality of Life of Cervical Cancer Patients who Obtained Chemotherapy

The result of the study showed there was positive effect of education toward the quality of life of cervical cancer patients who obtained chemotherapy and statistically significant. Most of the patients of cervical cancer in the study had low level of education <High School. The study is in accordance with the study conducted by Susilawati (2013) and Perwitasari (2009) in which the majority of cervical cancer patients have low education. The level of education of cervical cancer patients is commonly low, it is also related to the low socio economic status. Low level of education greatly affects the knowledge and attitude toward the symptoms of cervical cancer.

The high rate of cervical cancer cases in Indonesia is generated by the low coverage of preventive screening. It is affected by several factors such as Indonesian women are often reluctant to have their health checked because of ignorance, shame, fear and cost factor. It commonly happens since the low level of people's education and knowledge (Susilawati, 2013).

The result of the study conducted by Pradono dan Sulistyowati (2013), states that health status has positive and significant correlation with knowledge (51.6%), healthy lifestyle behavior (48.2%) and level of education (47.1%). The duration of education may develop the effective life capacity which in the end will influence one's health, including working part time, able to run jobs well, improve economic welfare, able to self control, bigger social support, and healthy lifestyle.

Level of education also affect individual capability in controlling her life in which she will be motivated to maintain her health better with positive attitude by doing regular medical check up.

3. Effect of Family Income toward the Quality of life of Cervical Cancer Patients who obtained Chemotherapy

The result of the study showed positive effect of family income toward the quality of life of cervical cancer patients who underwent chemotherapy and statistically significant. Most of the cervical cancer patients' family income in this study was above regional minimum wages of Surakarta City. The average cervical cancer patients came from middle lower class, whose treatment cost was covered by BPJS Healthcare Security from government. Most of the cervical cancer patients were not able to work and depended on either husband's or children's income.

Although being covered by BPJS Healthcare Security however the families were still facing financial difficulties, in which it took big amount of money for the operating cost during gradual and continuous medical examinations also chemotherapy treatment. It is in accordance with a study conducted by Wan et al., (2008), that financial difficulties are increasing significantly since after the patients were discharged from the hospitals, they will notice the amount of cost expensed during chemotherapy. The result of the study is similar with the previous study conducted in China, where almost all quality of life domains are decreasing significantly after chemotherapy.

The socio economic condition in general is related to various health problems being faced. In middle upper class the exposure of cancer will be bigger than middle lower class (Oemiati et al, 2011). Some of cervical cancer patients come during advanced stage and need rapid medical procedure that family do not have much choice and time in deciding what to do to the sick family members. In addition to the understanding toward the disease, treatment cost also becomes one special concern for cancer patients, thus will affect the quality of life of cancer patients (Prastiwi, 2012).

Cancer is the world's primary cause of death with a relatively heavy economic burden. The big impact toward the cost is seen from the primary treatment cost (including home care), outpatient care at the hospital, and inpatient care at the hospital such as medicines, oncologist care, radiation therapy, imaging diagnosis, and laboratory investigation Kovacevia et al., (2015).

Based on the study it can be concluded that the quality of life cervical cancer patients who obtain chemotherapy

is affected by age \leq 45 years ($b=-0.60$; 95% CI= -0.94 to -0.27 ; $p<0.001$); high level of education \geq High School ($b=12.41$; 95% CI= 7.10 to 17.72 ; $p<0.001$); and high family income \geq Regional Minimum Wages ($b=0.67$; 95% CI= 0.46 to 0.88 ; $p<0.001$).

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