A Brief History of the Care of Children in Hospital

Linda Shields M.Med.Sc.,R.N.,F.R.C.N.A.
Clinical Nurse Specialist in Pediatric Nursing.

Children are unique human beings who need attention from an adult including their parents in order to assist him/her to deal with problems in their childhood period. An unhealthy child needs more attention from adult person including a nurse in order to assist him/her to deal with experiences during his/her period.
Children's hospitals was not always seen as a convenient place for unhealthy children. They were thought as places which could detach children from their parents.
However, considering the history of development of children's hospitals is important for those who are involved in nursing care for children.
This article discusses about a history of children's hospitals and focuses on how important to prepare unhealthy child to face a separation process. The article also discusses about stages through which children who are separated from their parents go.

Key words: *children, hospital, separation, health care delivery system.*

Anak-anak adalah makhluk unik yang membutuhkan perhatian dari orang dewasa termasuk orang tua dalam rangka membimbing menghadapi masalah-masalah selama masa anak-anak. Seorang anak yang sakit membutuhkan lebih banyak perhatian dari orang-orang dewasa termasuk perawat dalam rangka membantunya menghadapi pengalaman selama sakit.
Di masa lalu, Rumah Sakit anak tidak dilihat sebagai tempat yang nyaman untuk anak-anak yang sedang sakit. Rumah Sakit ini telah dianggap sebagai tempat pemisah antara anak-anak dan orang tuanya. Beberapa tahun terakhir, Rumah Sakit di negara-negara yang sedang berkembang telah berubah citranya dari "sebuah tempat untuk : naughty boy" menjadi sebuah tempat dimana seorang anak dapat melanjutkan kegiatan hariannya dengan atau tanpa orang tua.
Mempertimbangkan sejarah perkembangan Rumah Sakit-Rumah Sakit anak amat penting bagi mereka yang terlibat dalam pelayanan/asuhan keperawatan pada anak-anak.
Artikel ini mendiskusikan tentang sejarah Rumah Sakit anak, dan berfokus pada betapa pentingnya mempersiapkan anak yang sakit untuk menghadapi proses perpisahan. Artikel ini juga membahas tentang fase-fase yang harus dilalui oleh anak-anak yang dipisahkan dari orang tuanya selama sakit.

Kata kunci : *anak-anak, Rumah Sakit, perpisahan, sistem pemberian asuhan keperawatan.*

Introduction

In the 1960s a wave of change swept over children's hospitals and wards in the developed countries of the world. This was to continue until the present day, and this paper outlines the development of that change. Hospitals in developing countries have also followed these changes, although more slowly, as their health budgets have been smaller, and have been mainly (and quite rightly) spent on primary health care. However, hospitals are important delivery points for health care, and children are cared for in these places.

Early children's hospitals

It was not always seen as desirable for sick children to be cared for in hospitals. In 1772, George Armstrong, who set up the first dispensary for children in Britain, expressed doubts about the benefits to children and their mothers of admission to a hospital. He felt that separation from the mother would break the child's heart. He considered that it was not possible to employ a nurse for each little patient, that children could be contaminated by diseases from other patients, and that if mothers were to care for their children, they and