

***THE ADAPTATION OF MEN WHO DIVORCED***  
**Isti Prihatiningsih<sup>1</sup>**  
**Retnaningsih<sup>2</sup>**  
**Intaglia Harsanti<sup>3</sup>**  
***(1,2,3) Faculty of Psychologi Gunadarma University***

***ABSTRACT***

*The aim of thi study is to know about the affect of divorce and the adaptation of men who divorced and also his adaptation for this. This study is using case study with a 26 years old man as a participant who already divorced since 2 years with 2 children. In the beginning of the divorce he felt emotion trauma, confused and anxiety about the way his children are grown up. He tried to againts it and during the time he could adapt in the situation finally. He got the children and felt so happy because of that. He don't bothered by his sexual needs and replaced it by worked and exercised.*

***Key words : adaptation, divorce***